

<https://www.persoemy.fr/spip.php?article550>



ste victoire, bouches du rhone, puylobier, chapelle st ser, grotte aux champignons, col st ser, pic des mouches

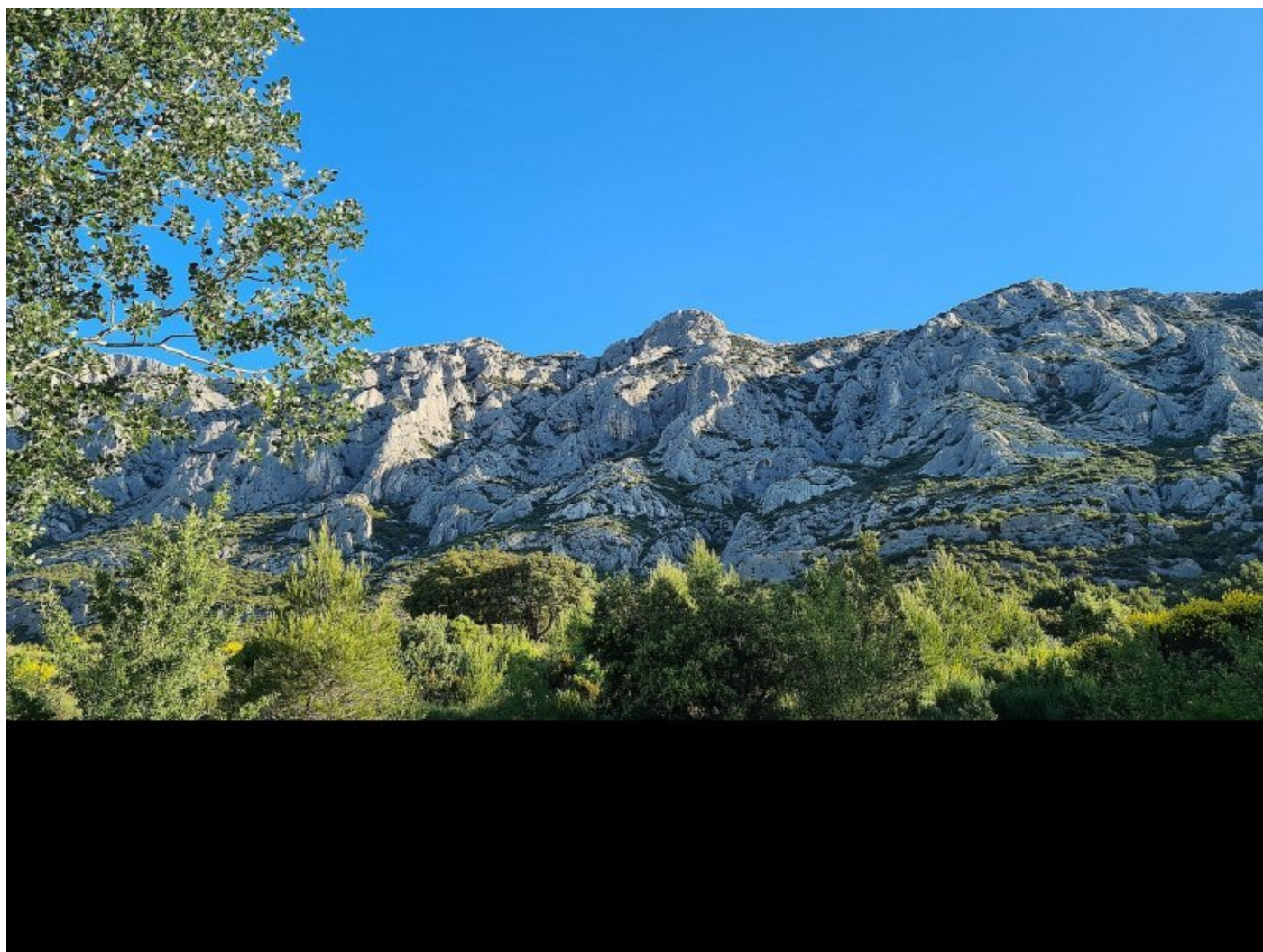


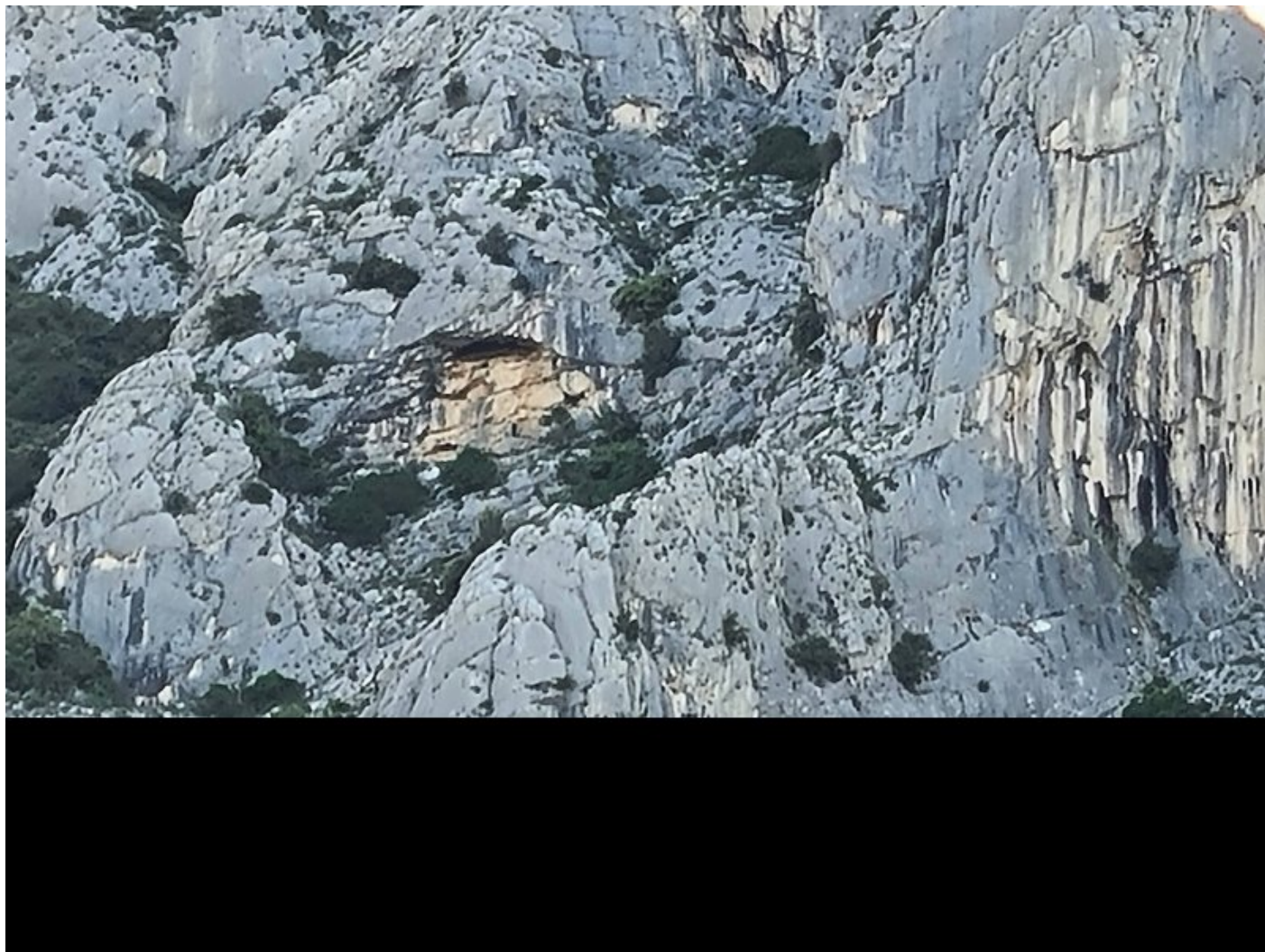
- Randos
- Date de mise en ligne : lundi 7 juin 2021
- Date de parution : 7 juin 2021

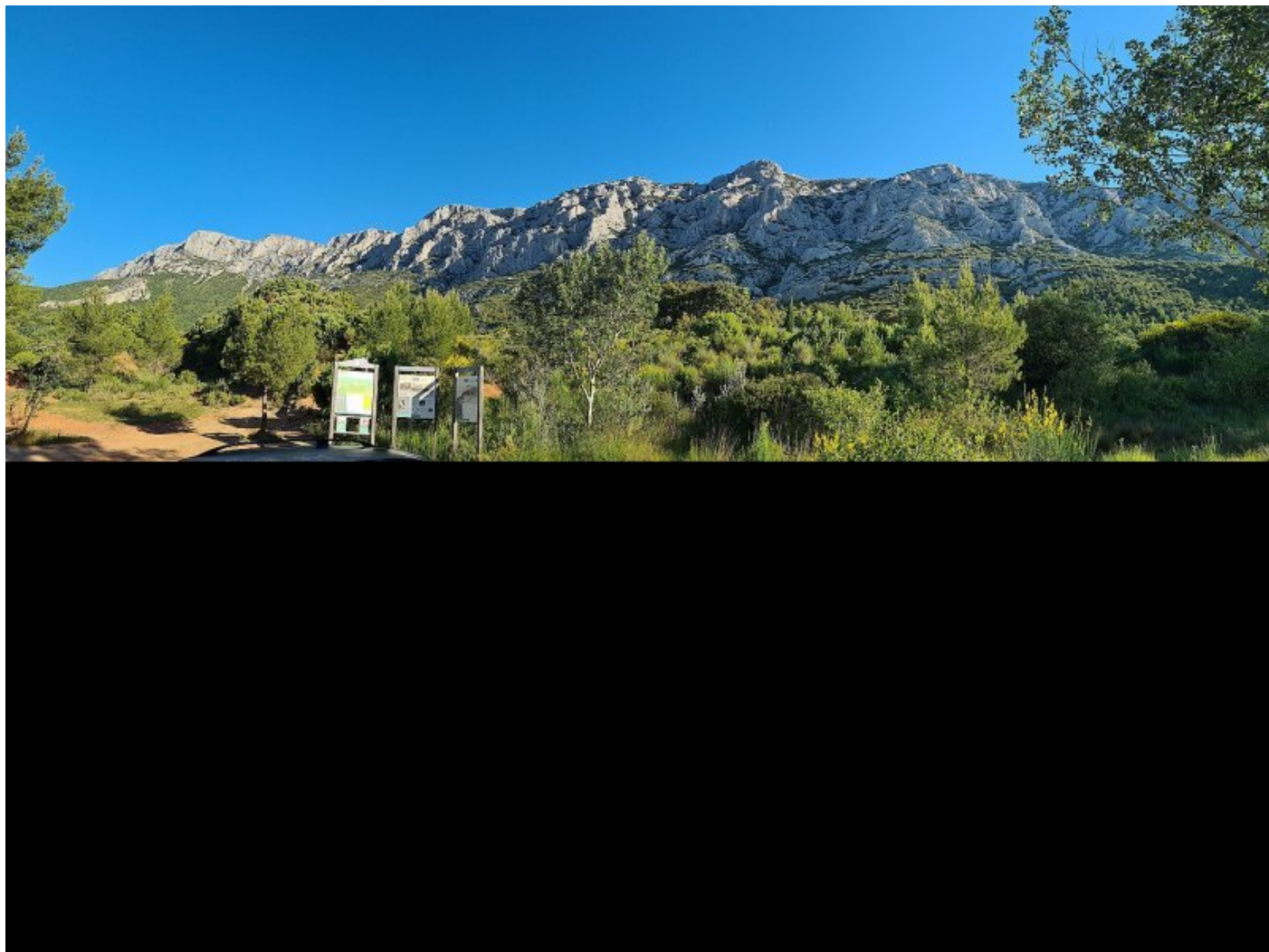
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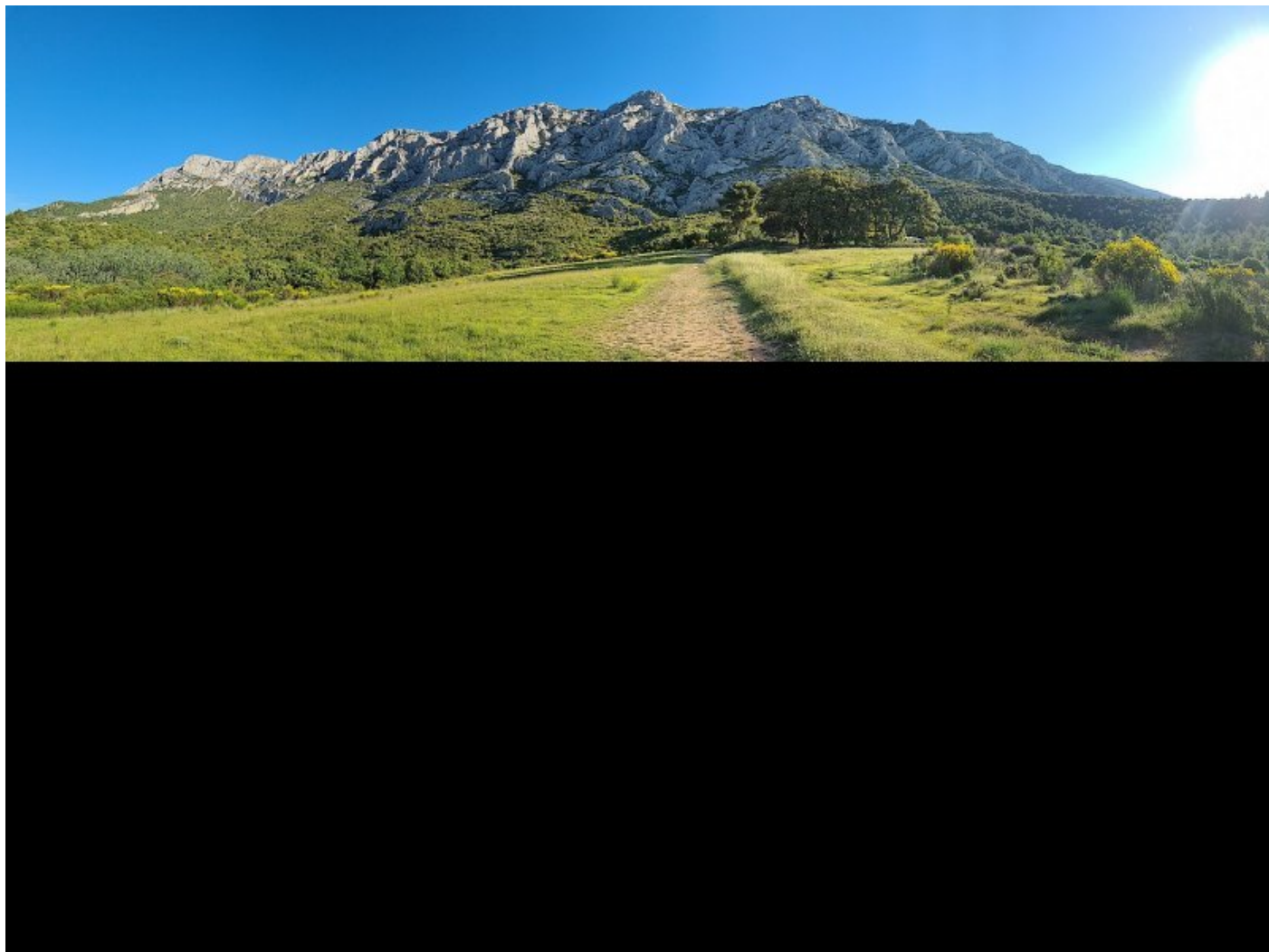
le circuit IGN

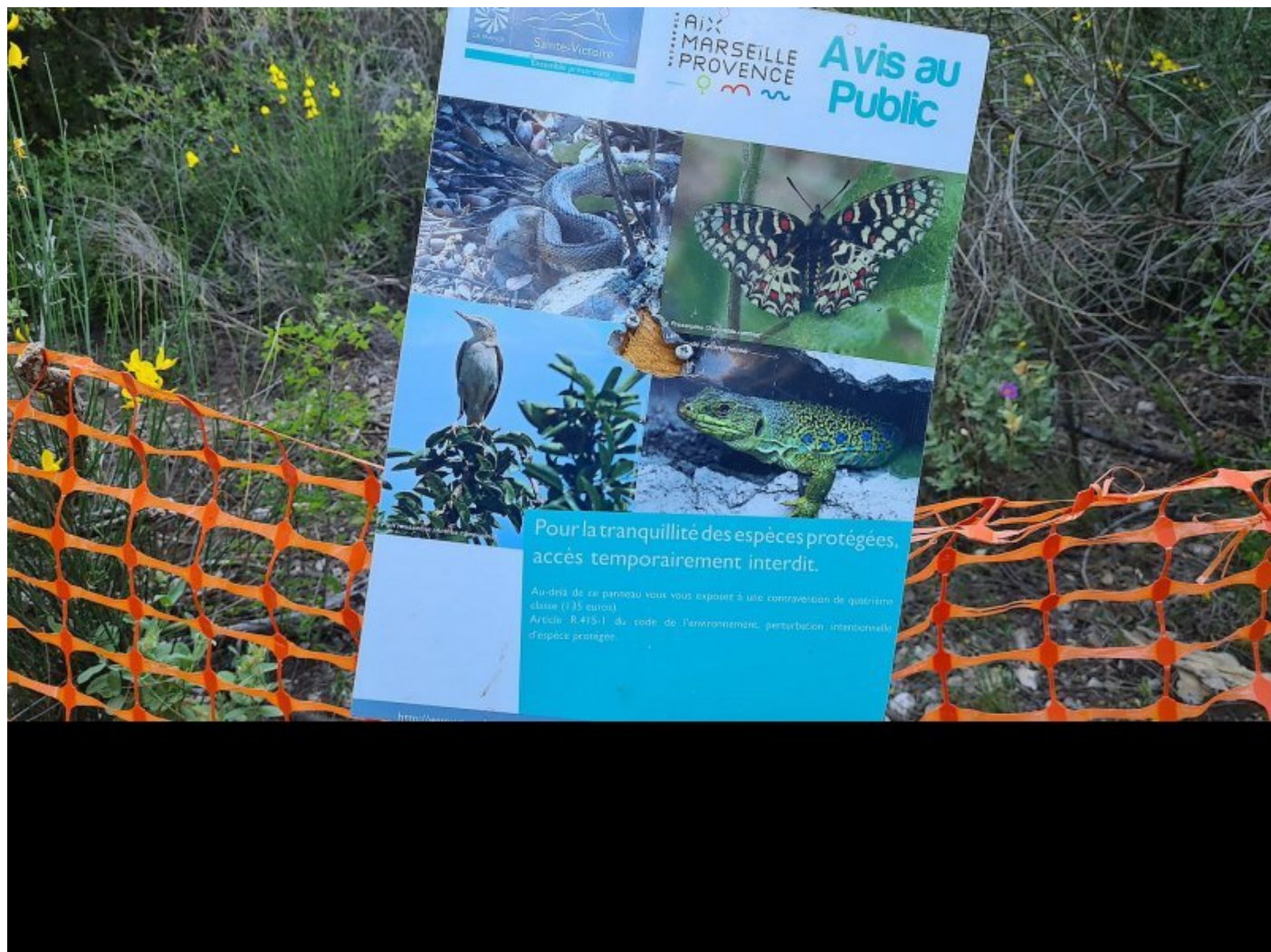
randonnée difficile dans la ste victoire de 7kms200 en 4h30 et 640m de dénivelé..parking st ser à puylobier , montée vers la chapelle, facile , progressive..puis on attaque dans le dur, le sentier rouge..2 chaînes, pierriers, il faut mettre aussi les mains, on passe à côté de la grotte aux champignons, équipé d'une longe et d'une corde, on y accède et on rentre en se faulant dans l'étroite ouverture et la grotte immense dont on fait le tour, immense, 20m de haut et autant en largeur, c'est environ..voir les photos , à respecter les lieux.. on ressort et on continue le rouge jusqu'en crête, puis le pic des mouches..(1011m) on rattrape le rouge pointillé qui nous ramène au rouge puis la chapelle et le parking..

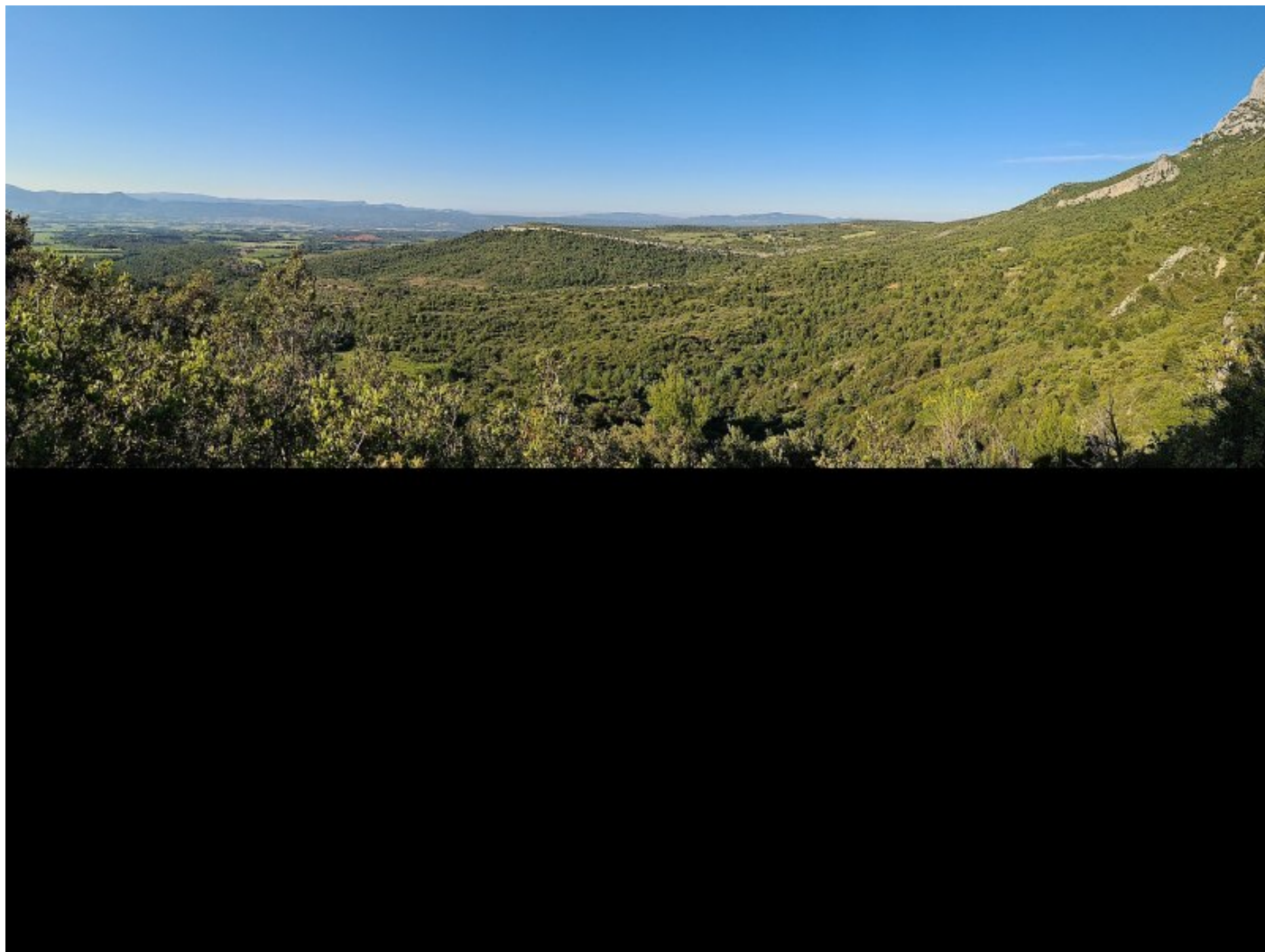


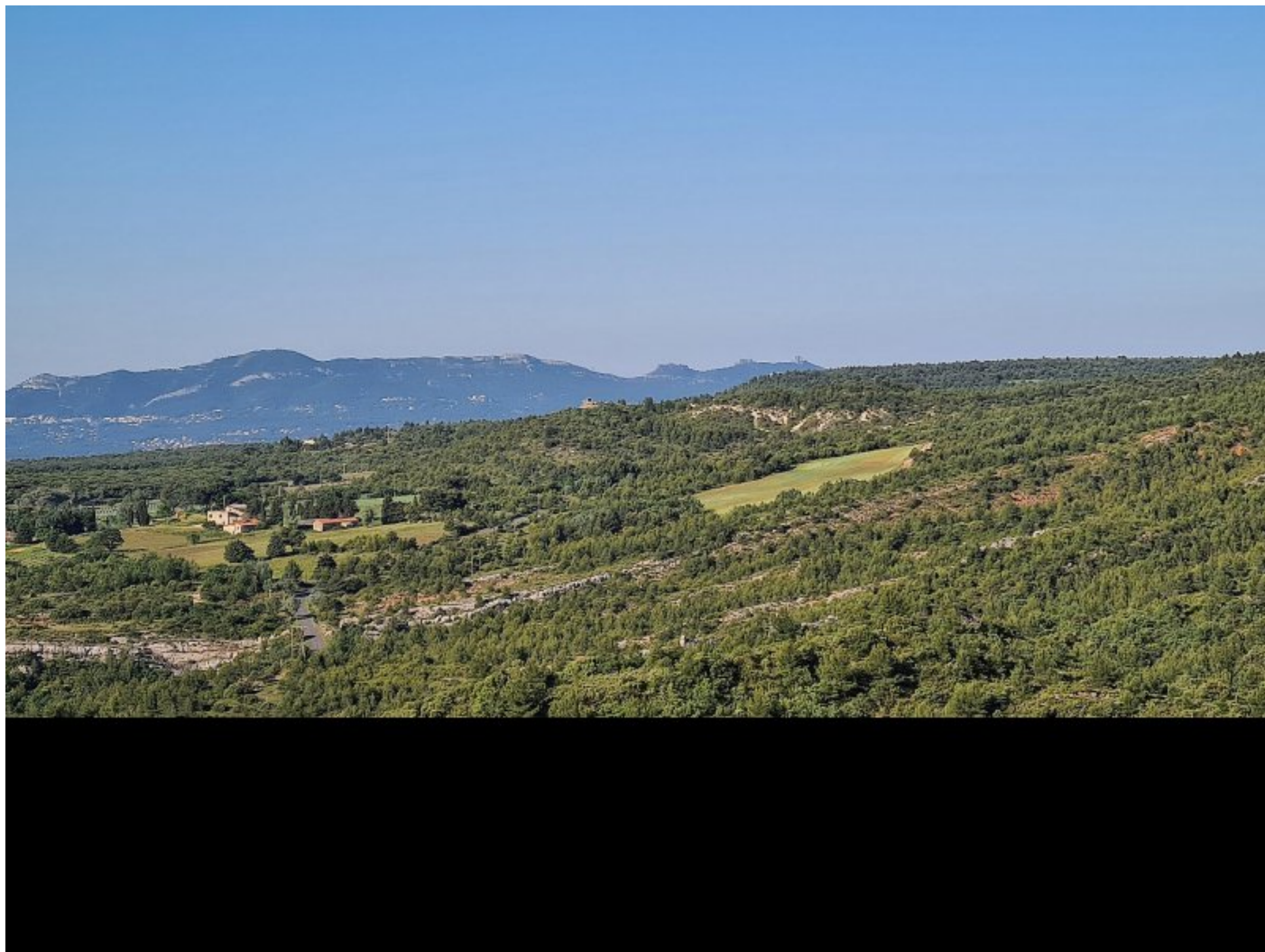


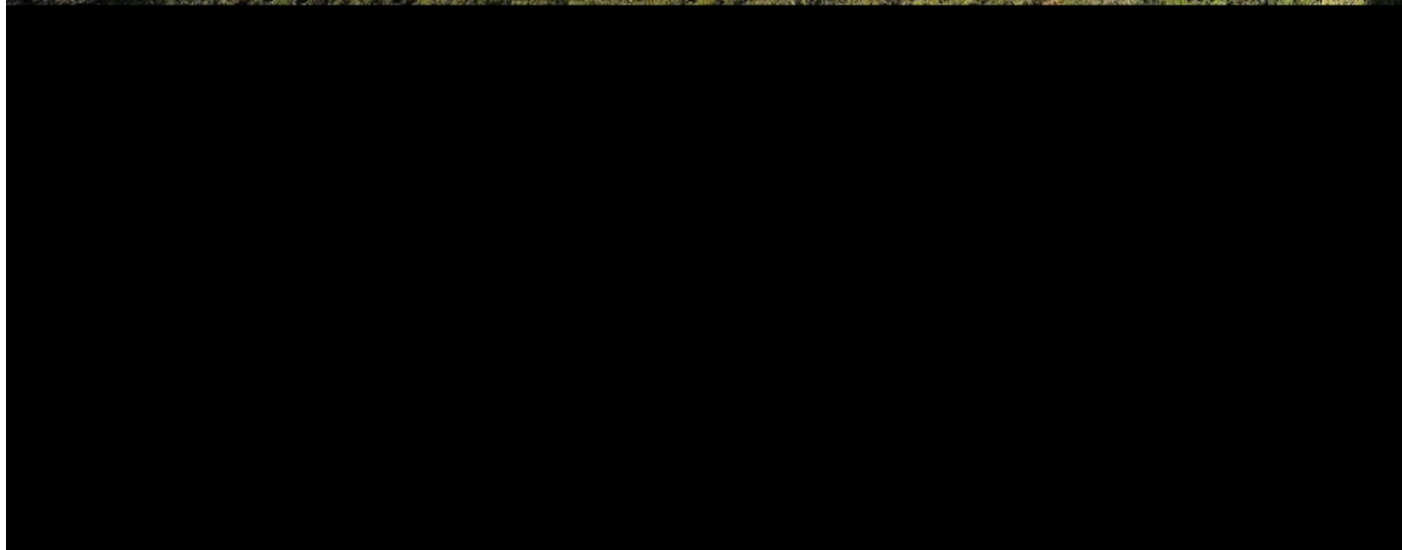


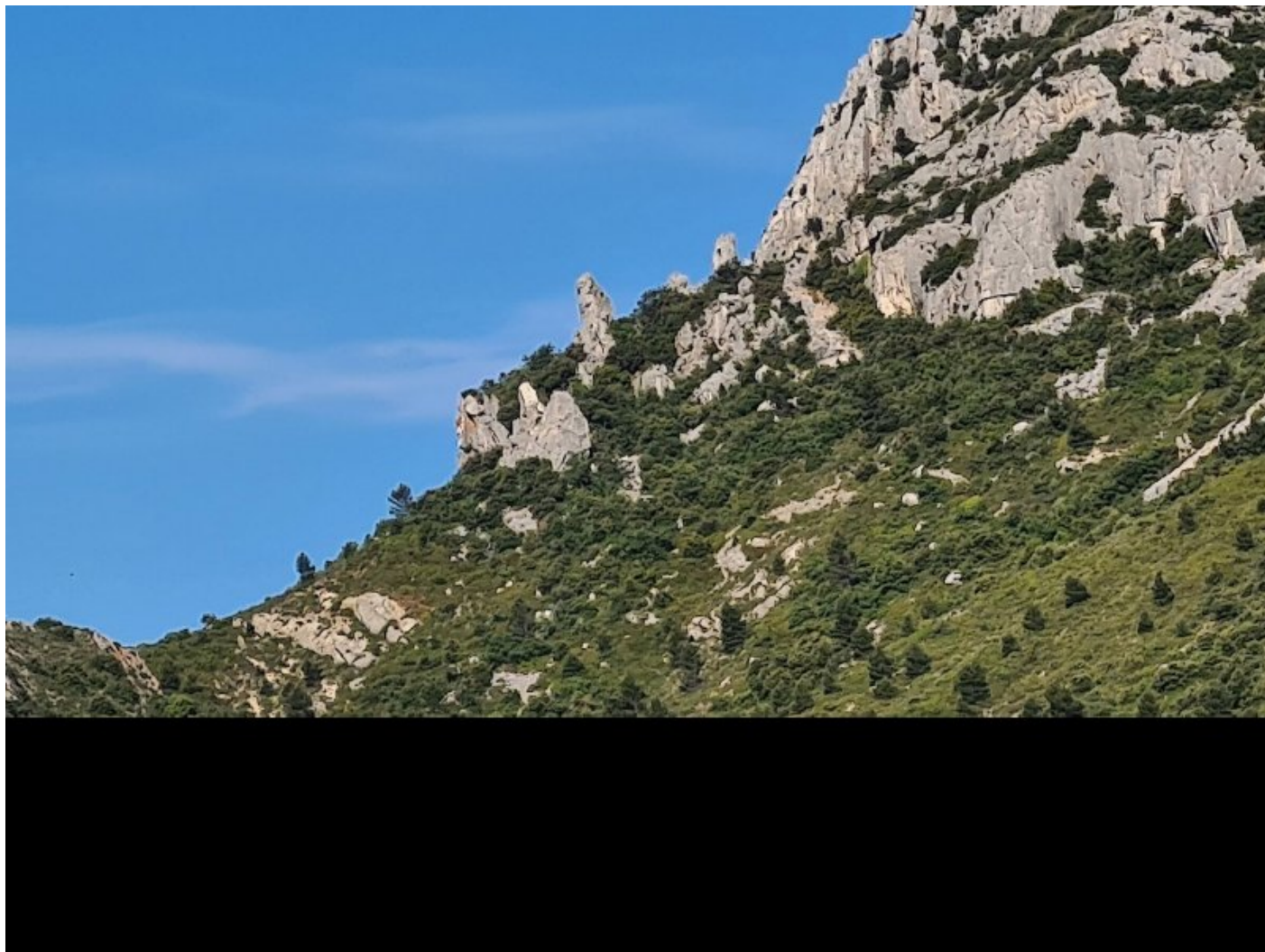


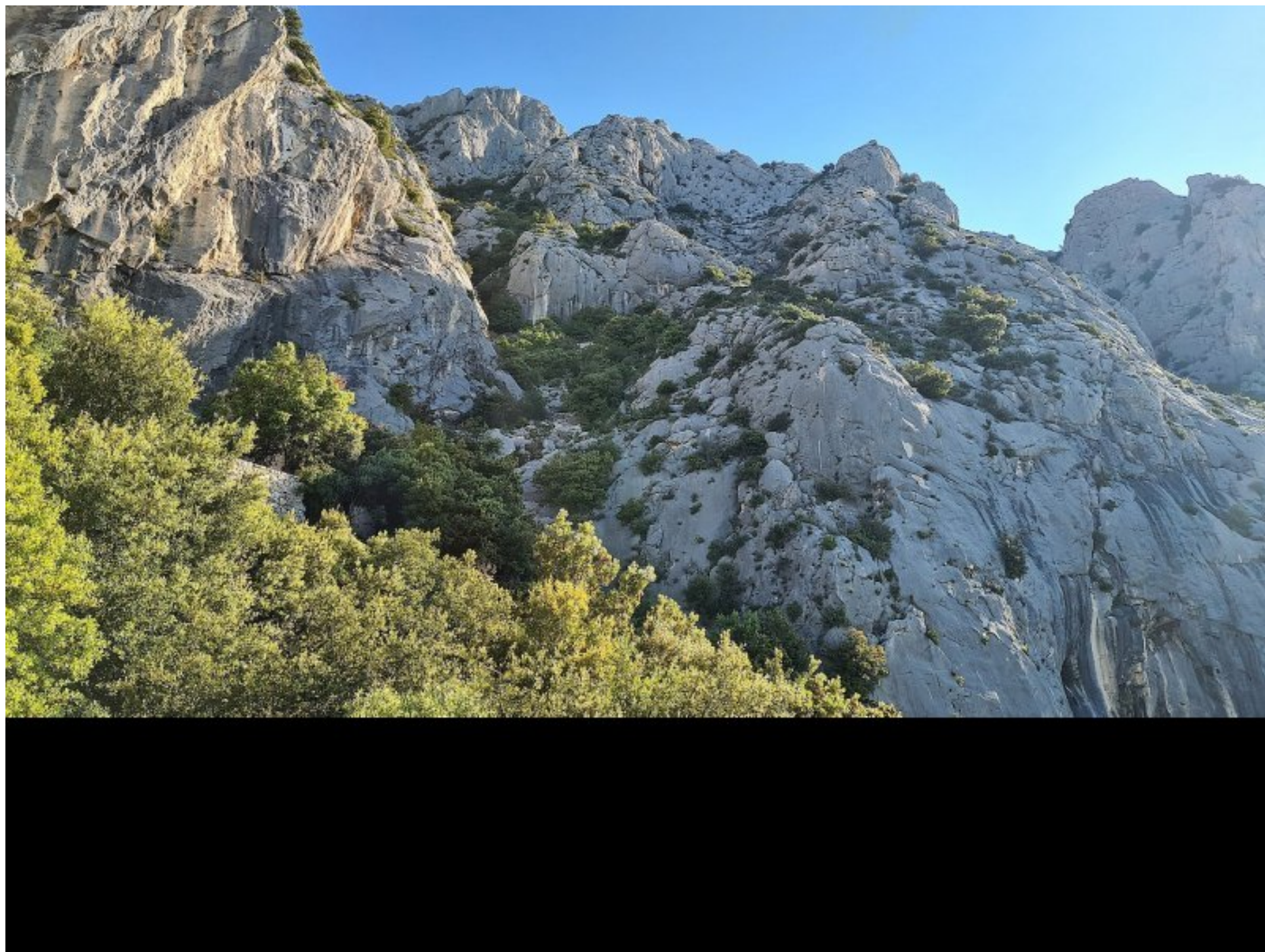




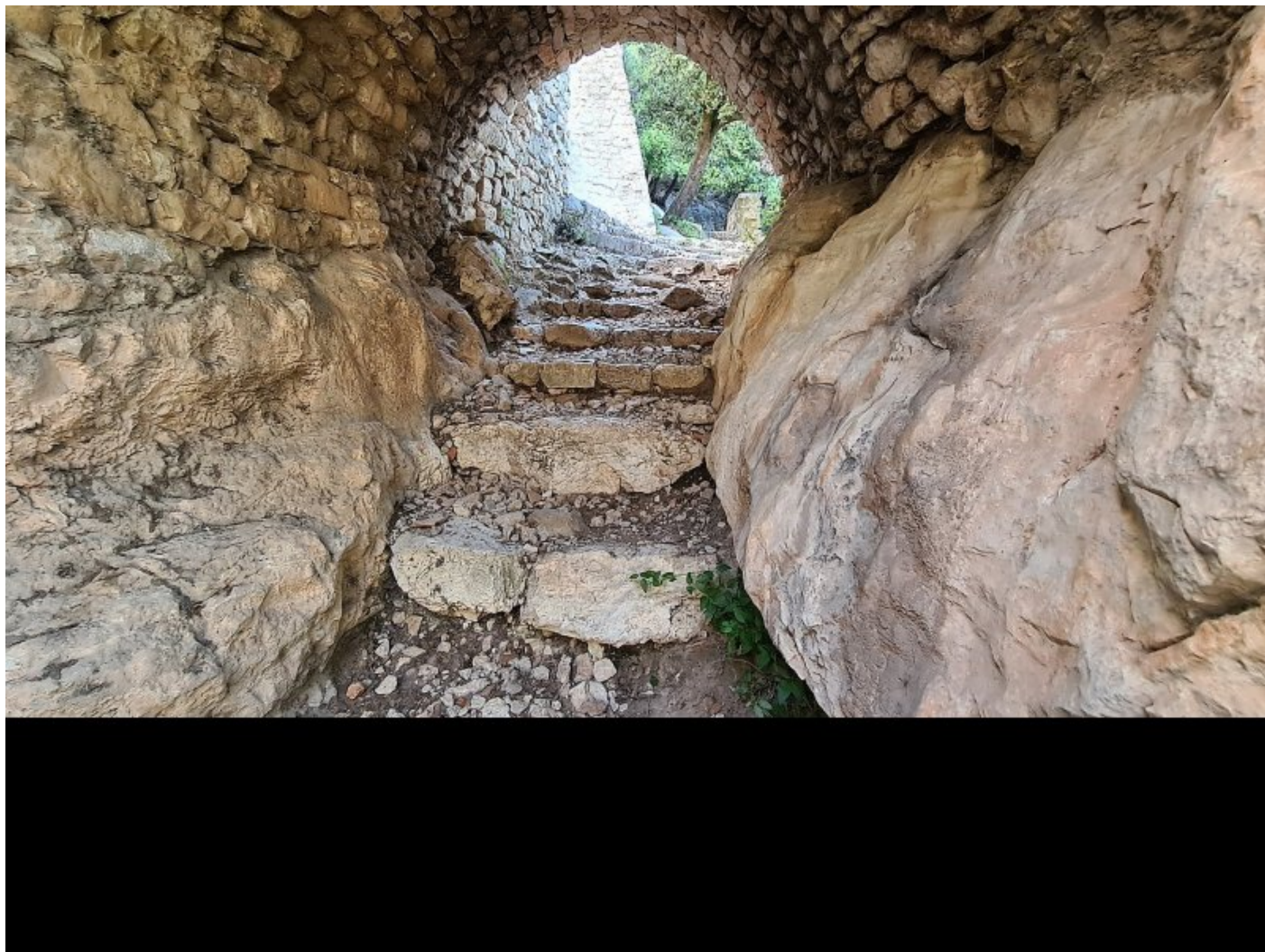


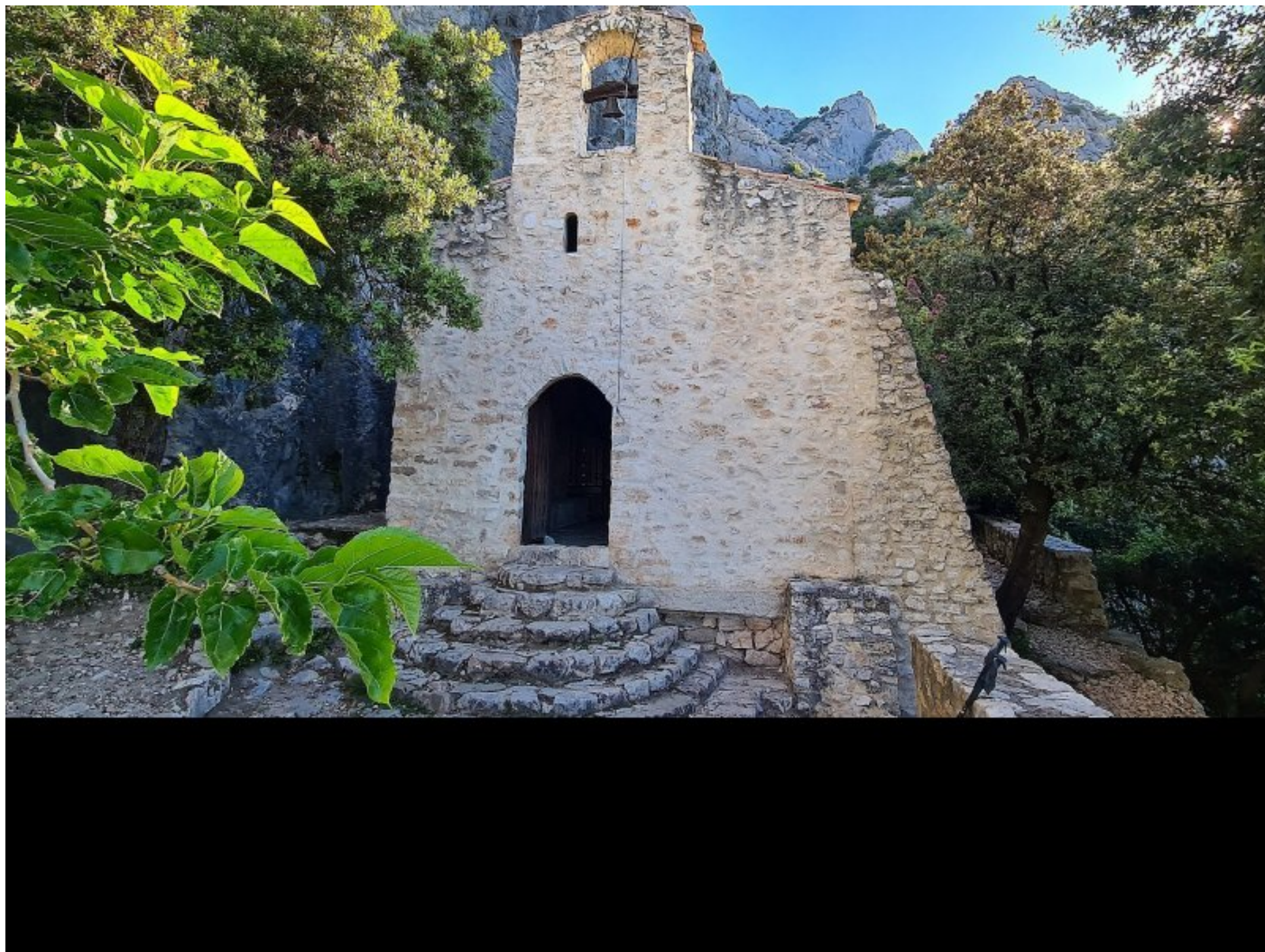








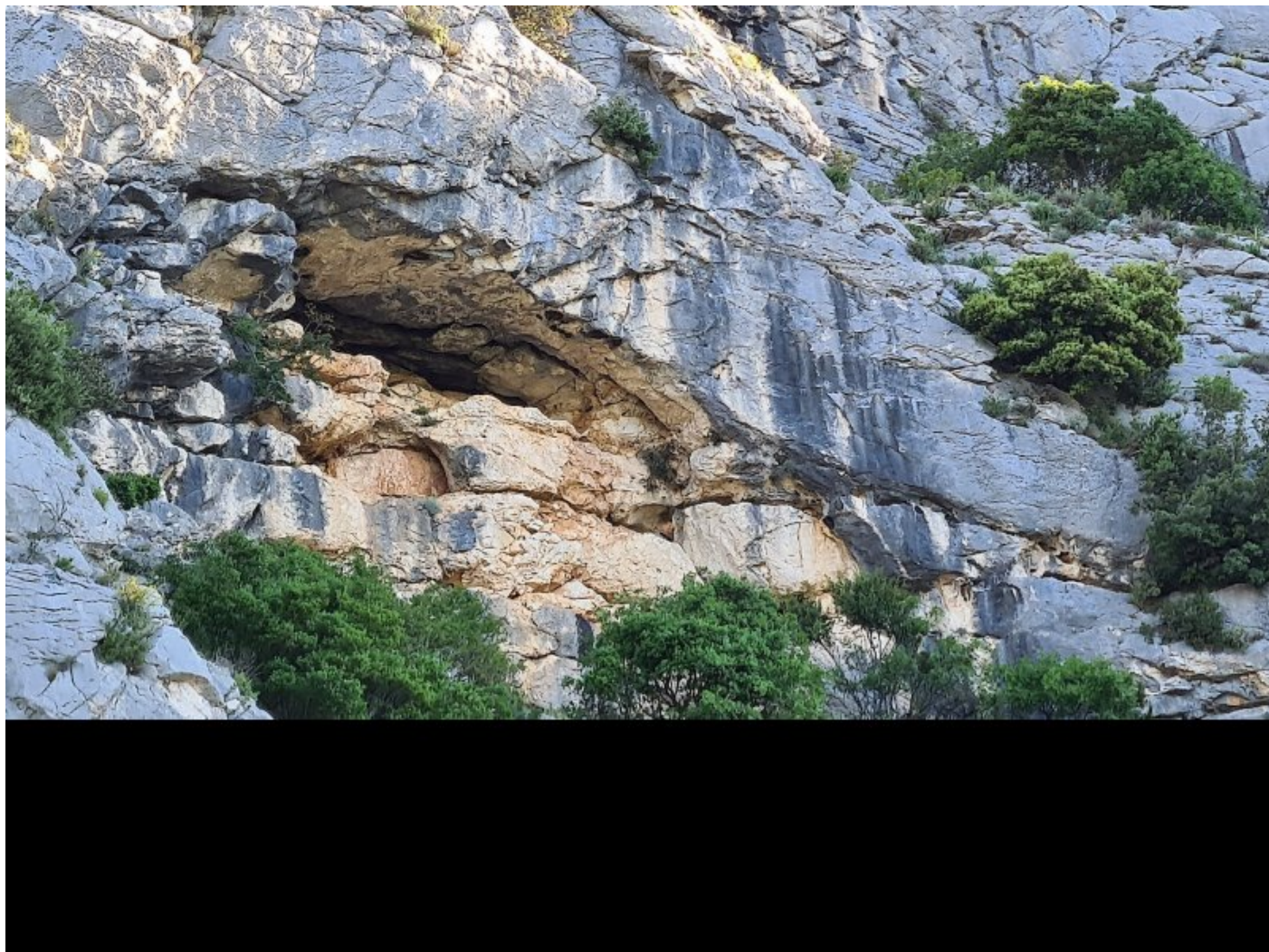












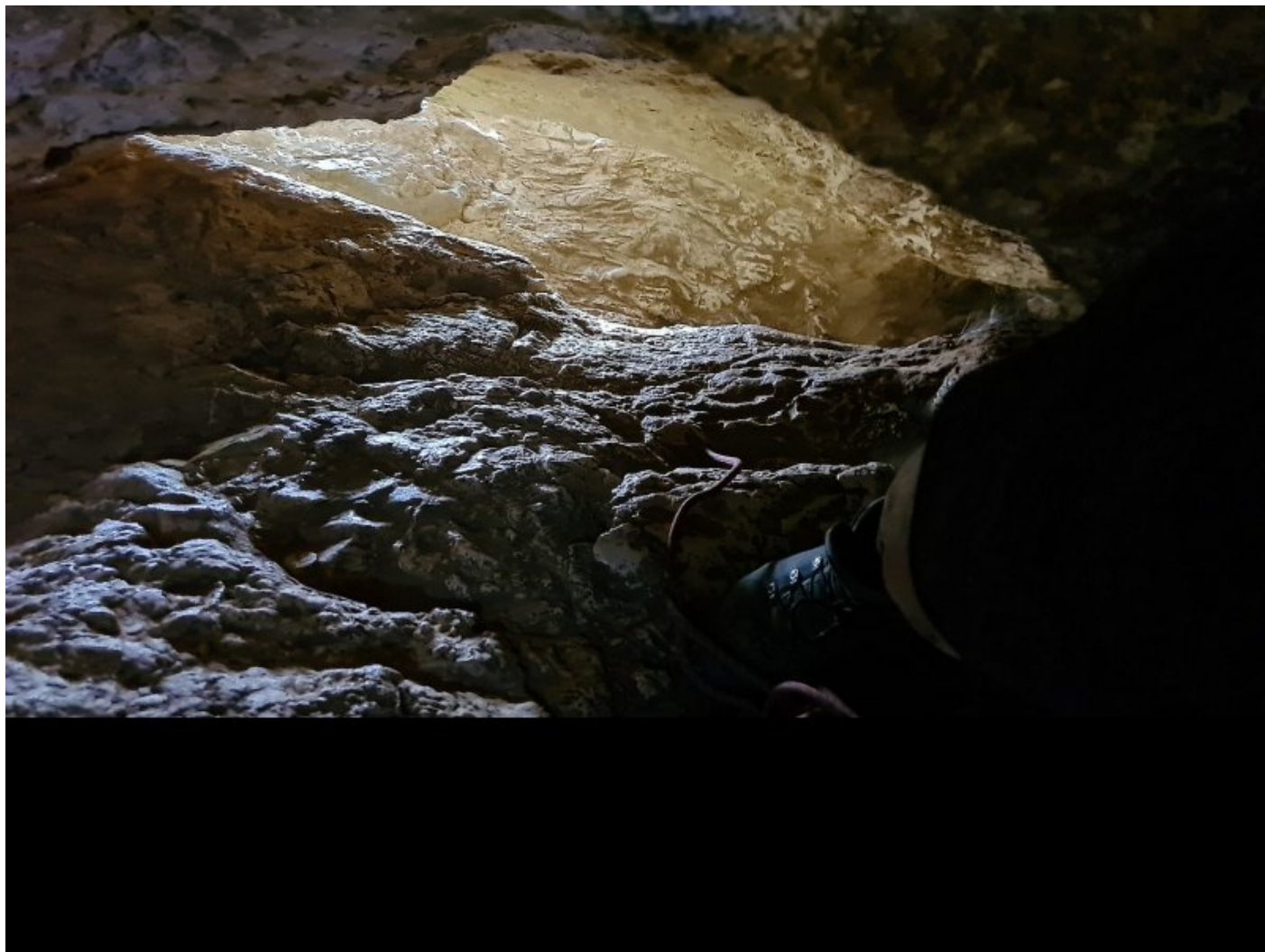












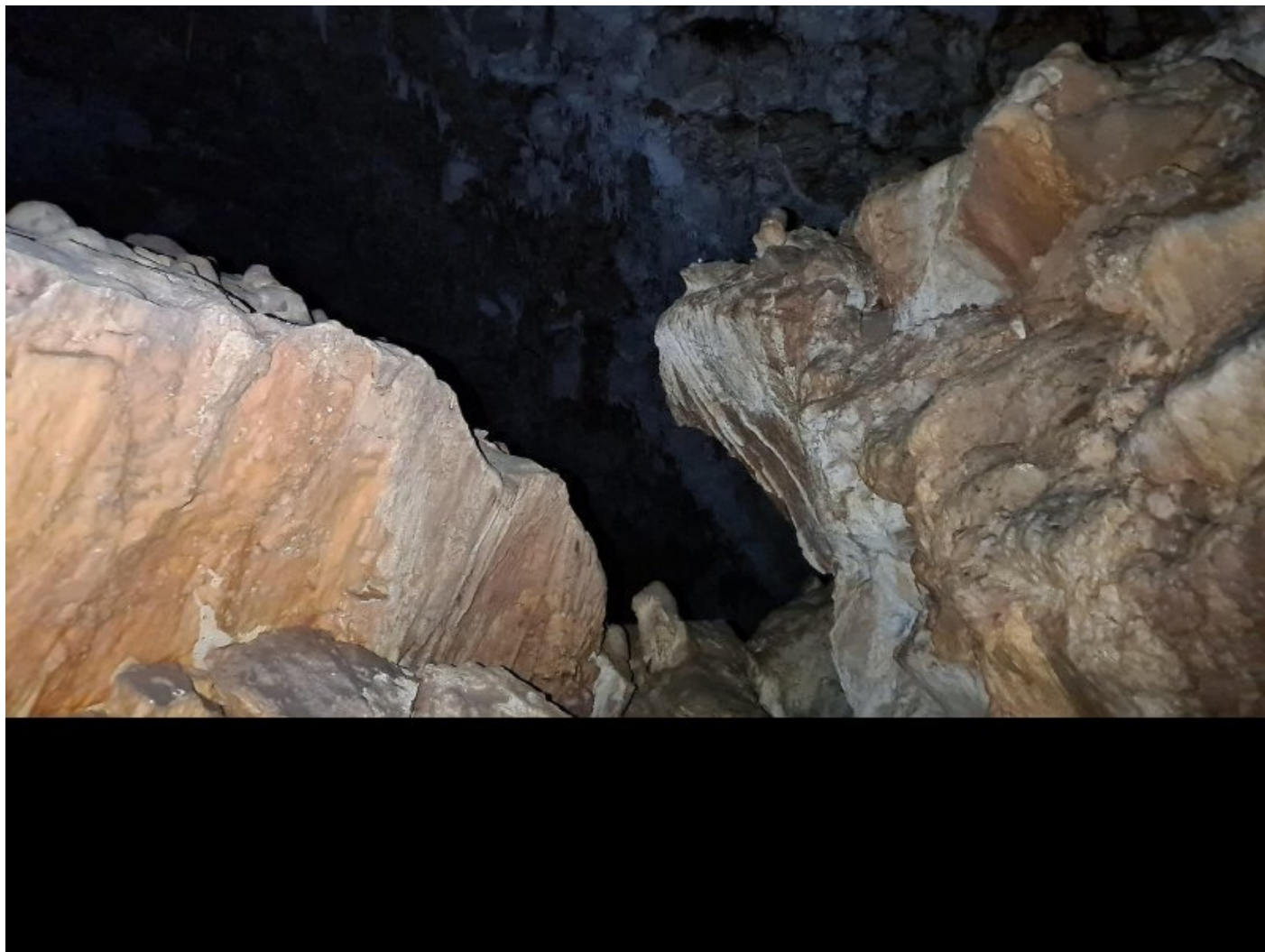






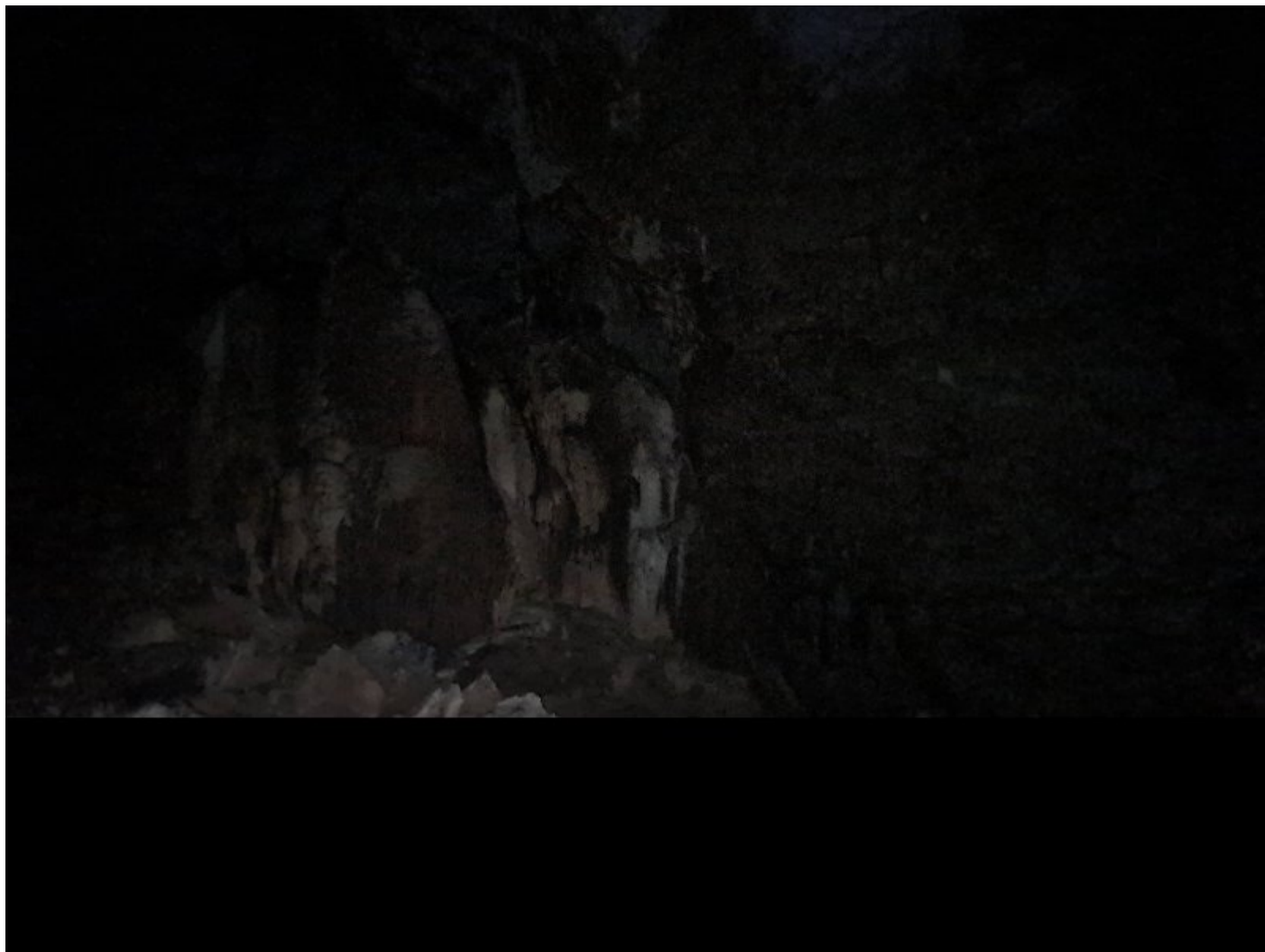




















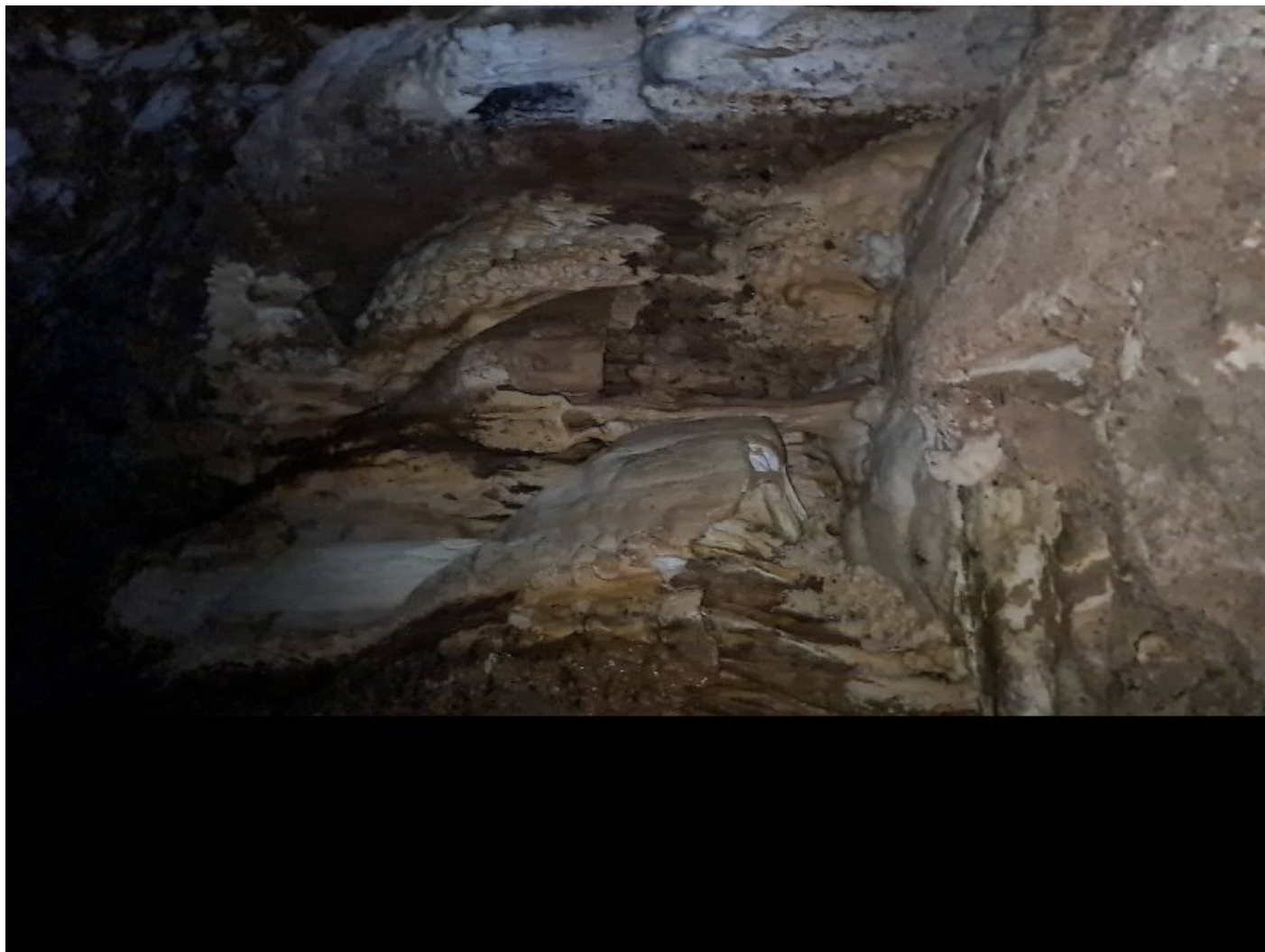
















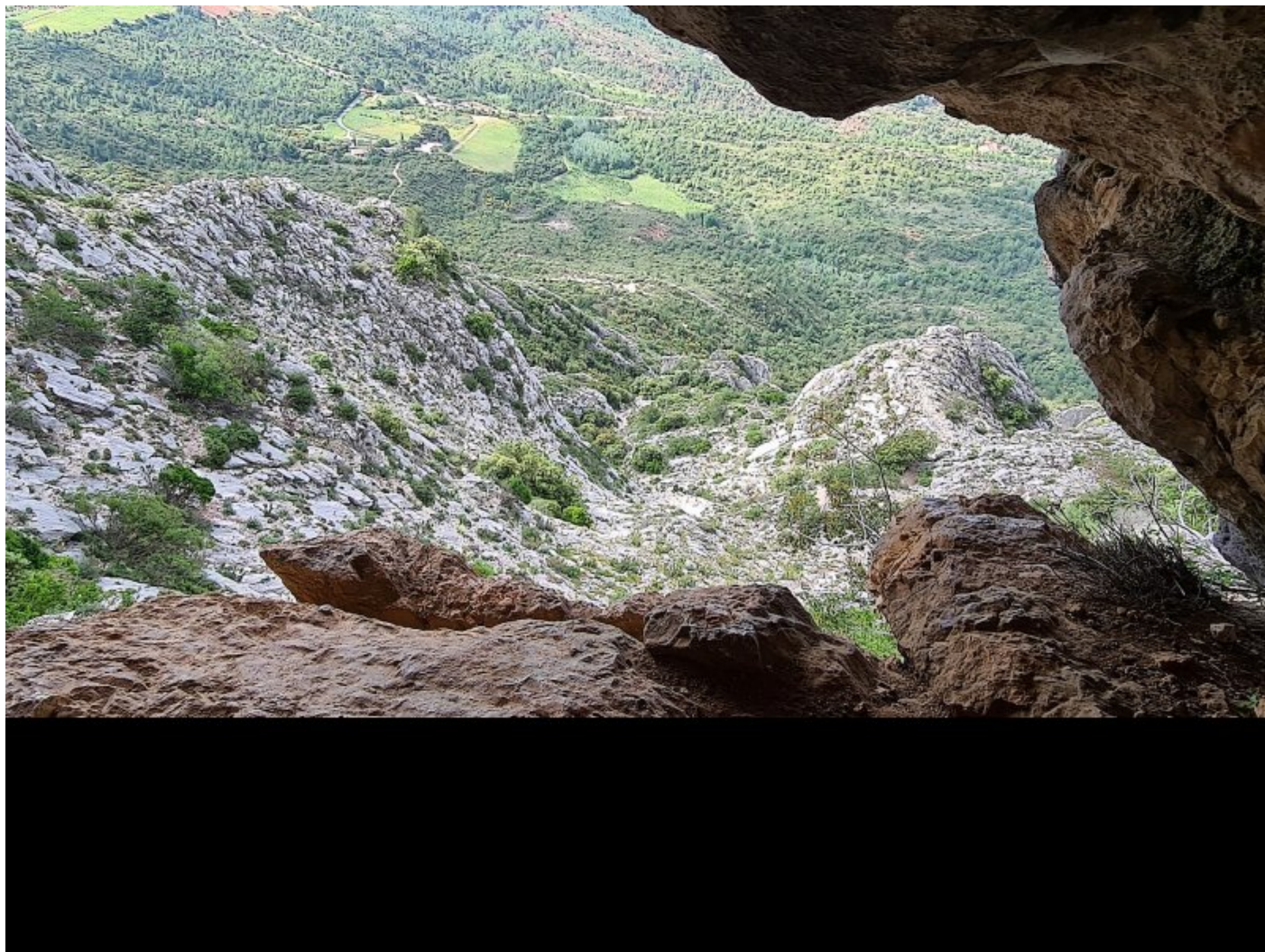






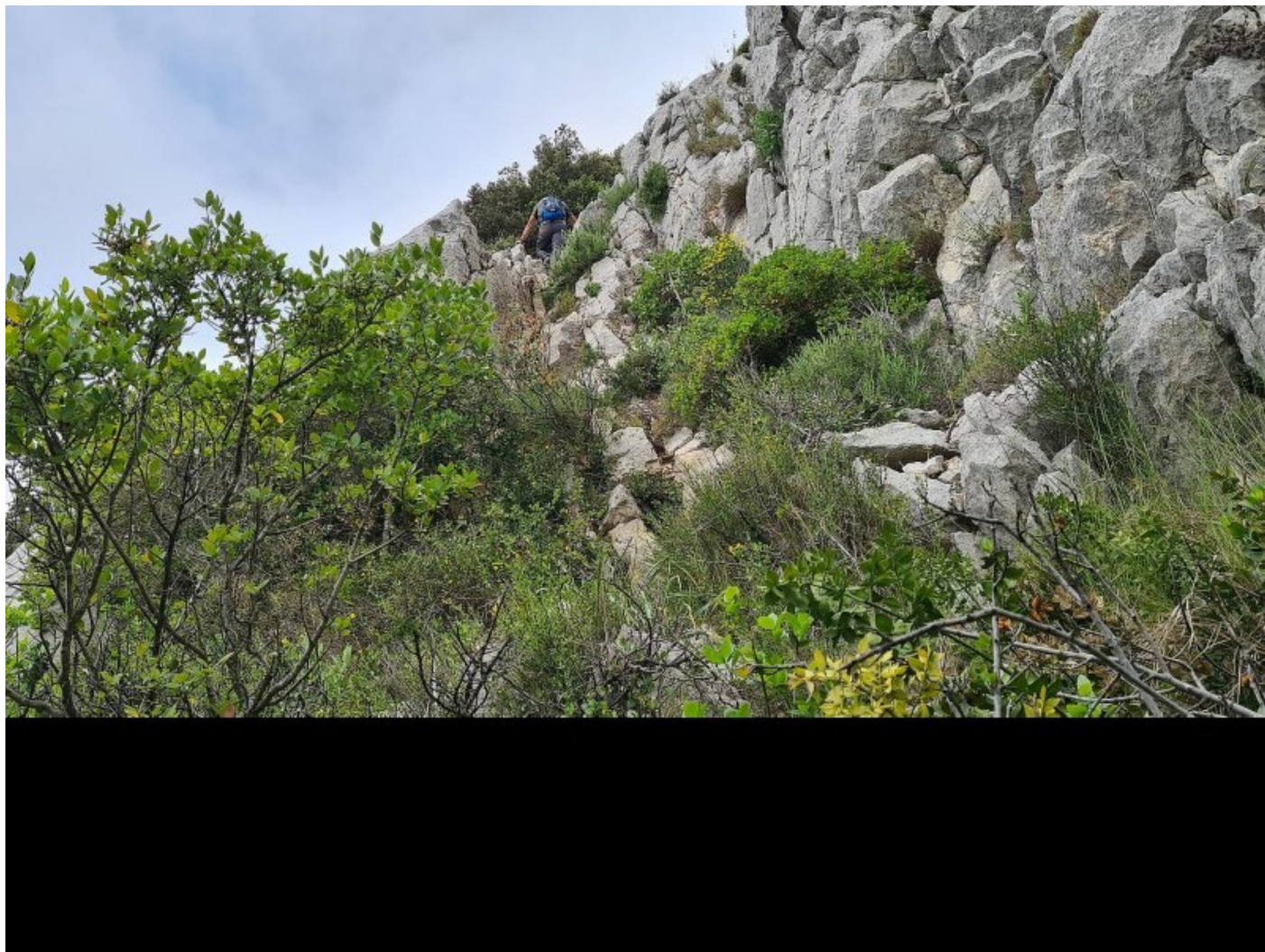


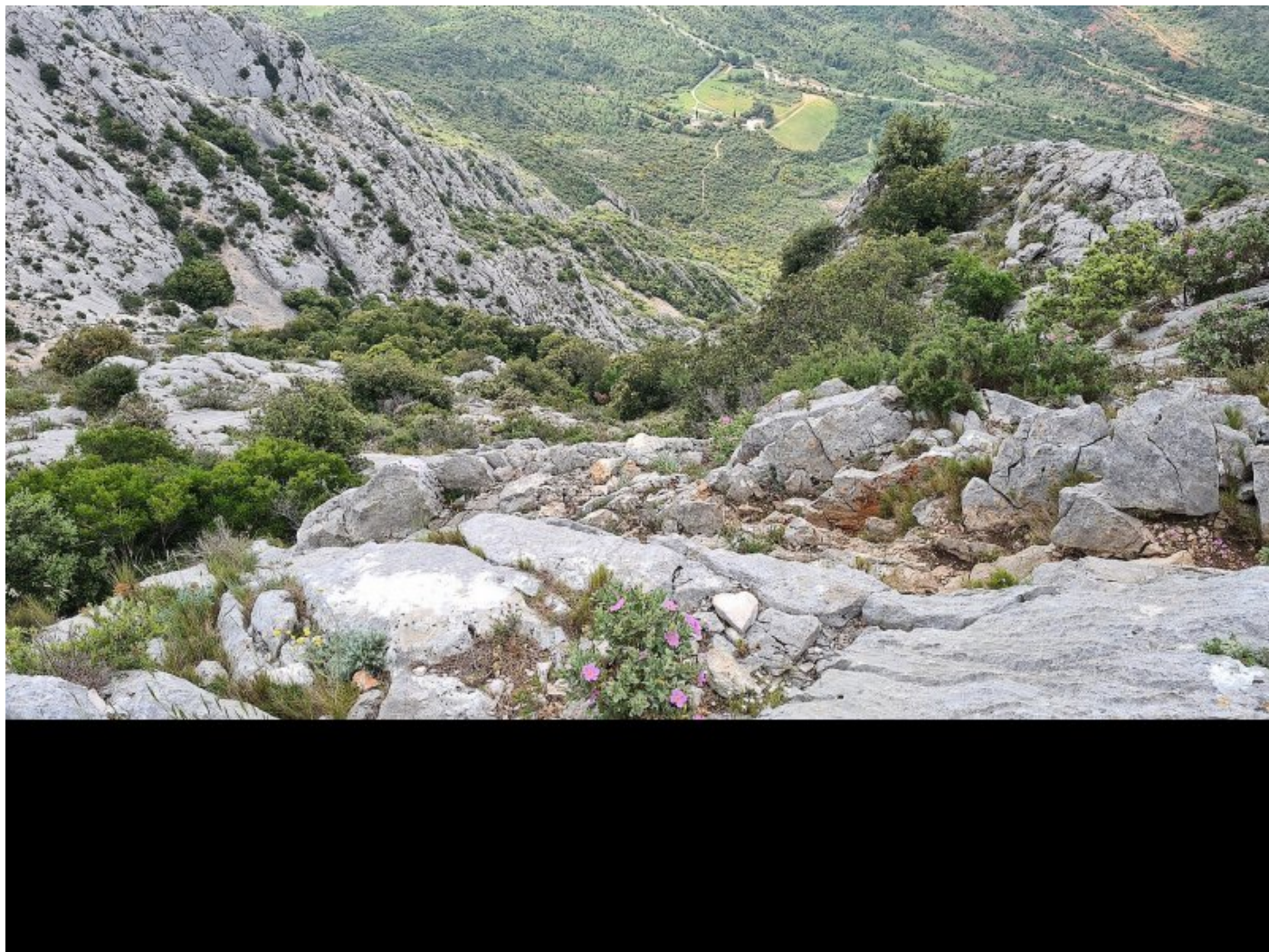






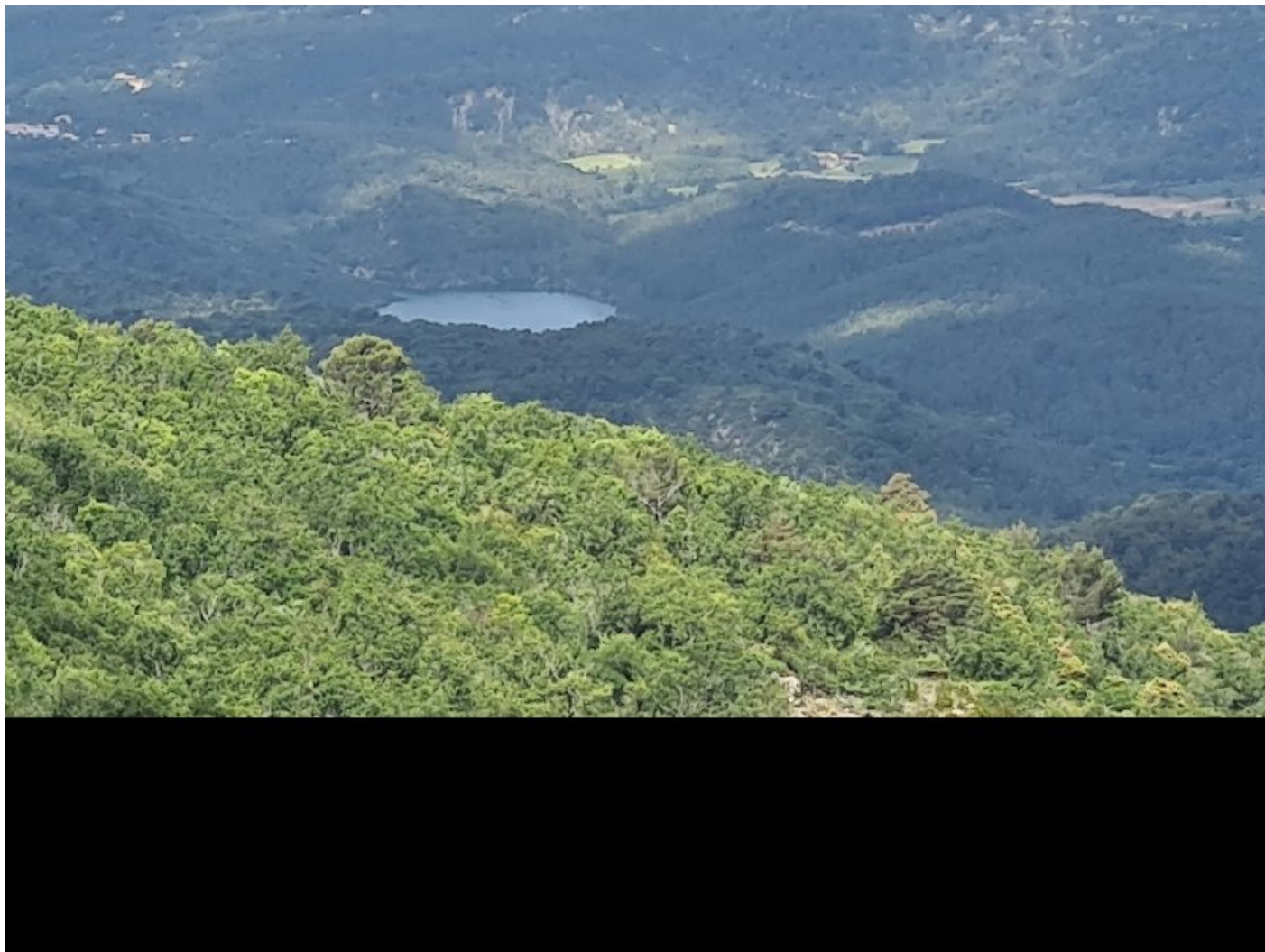


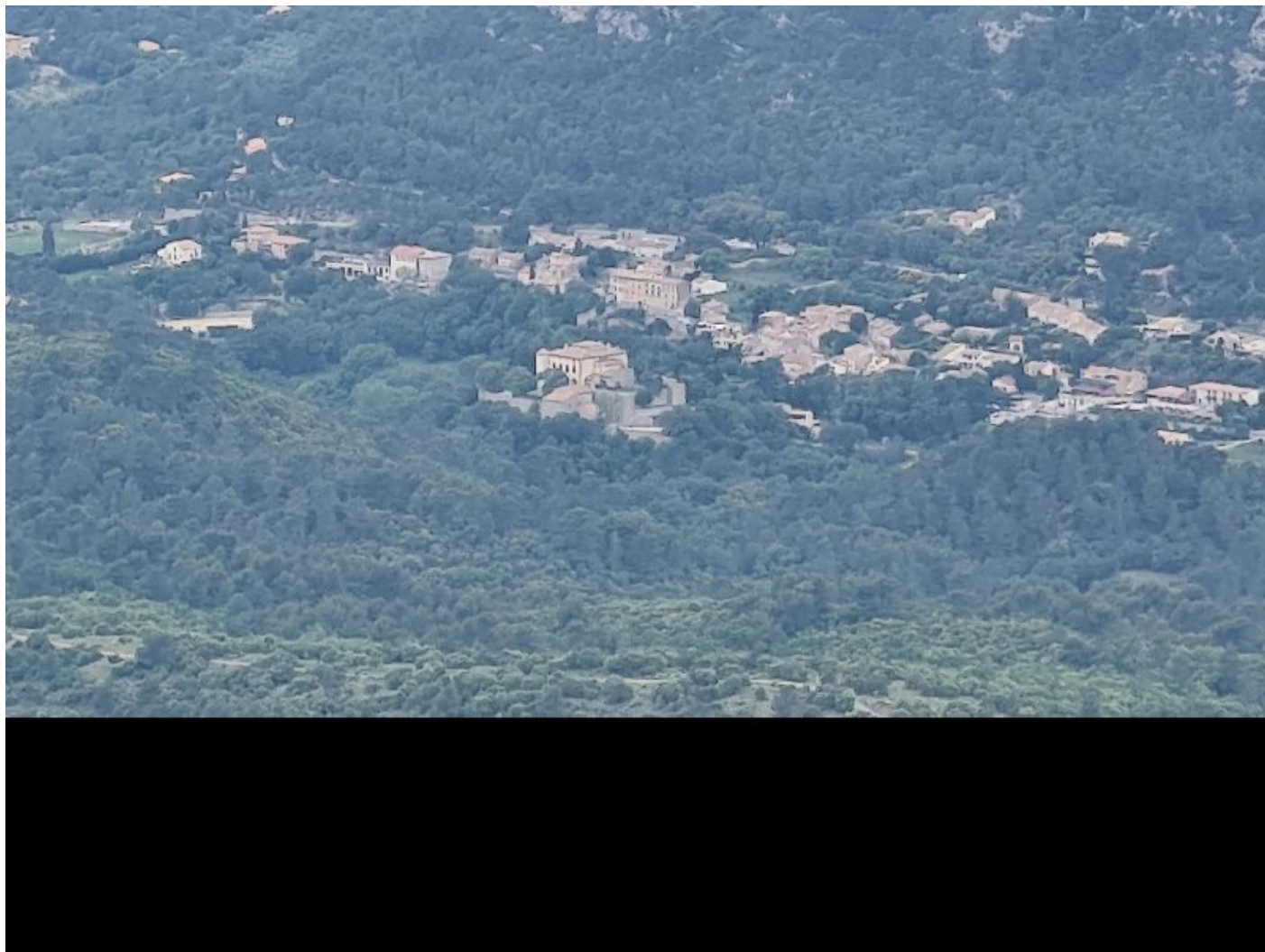




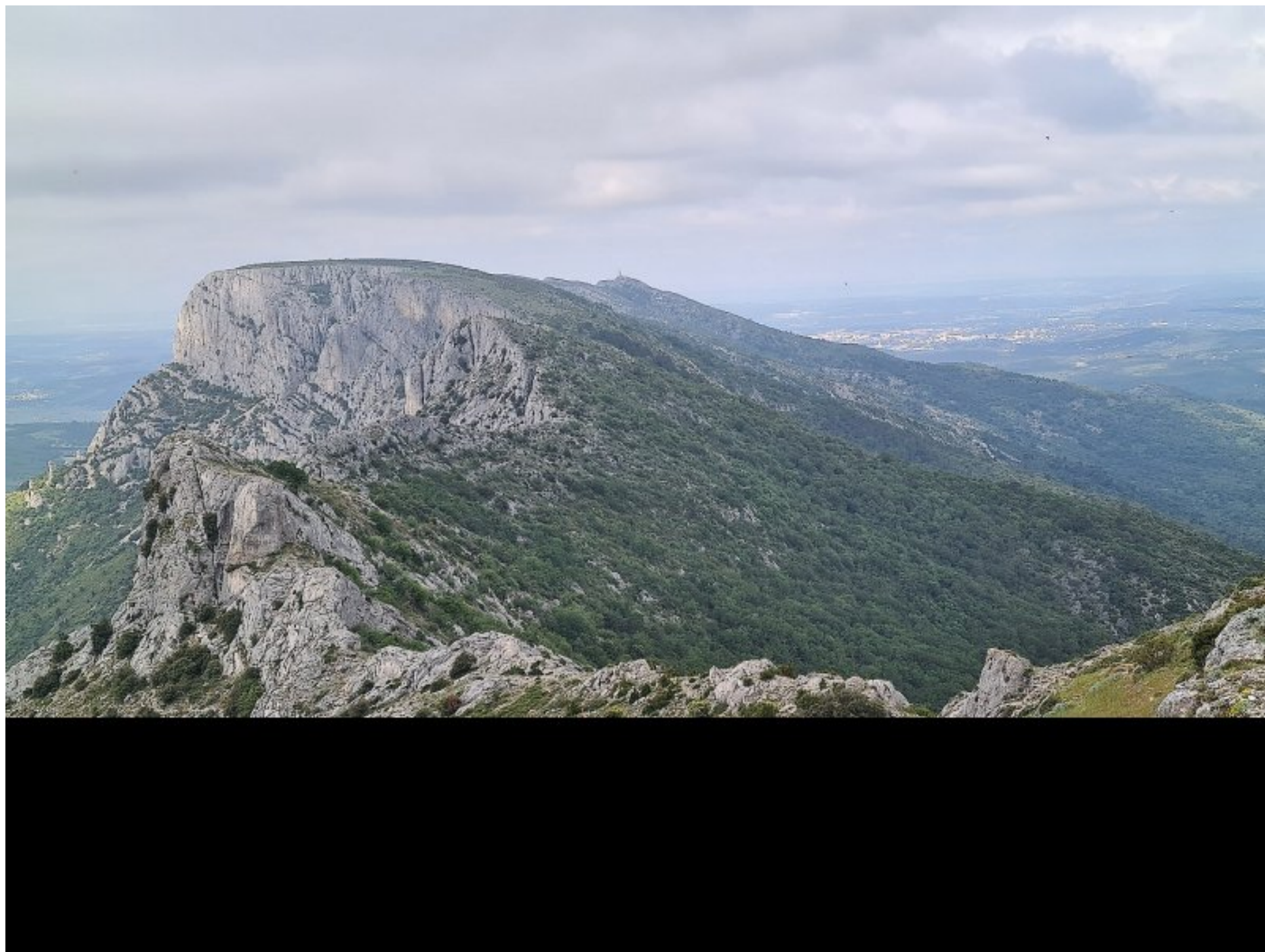


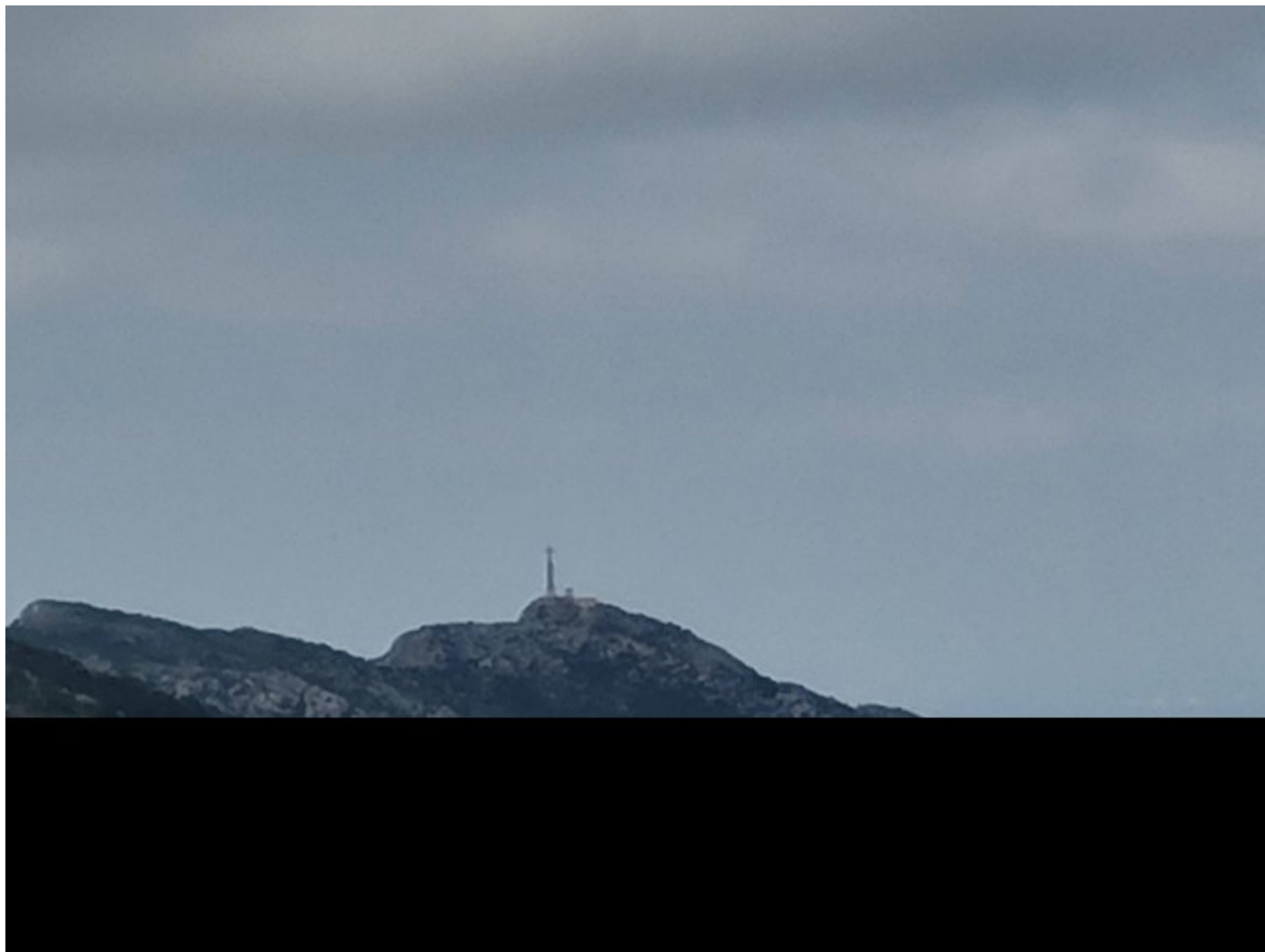




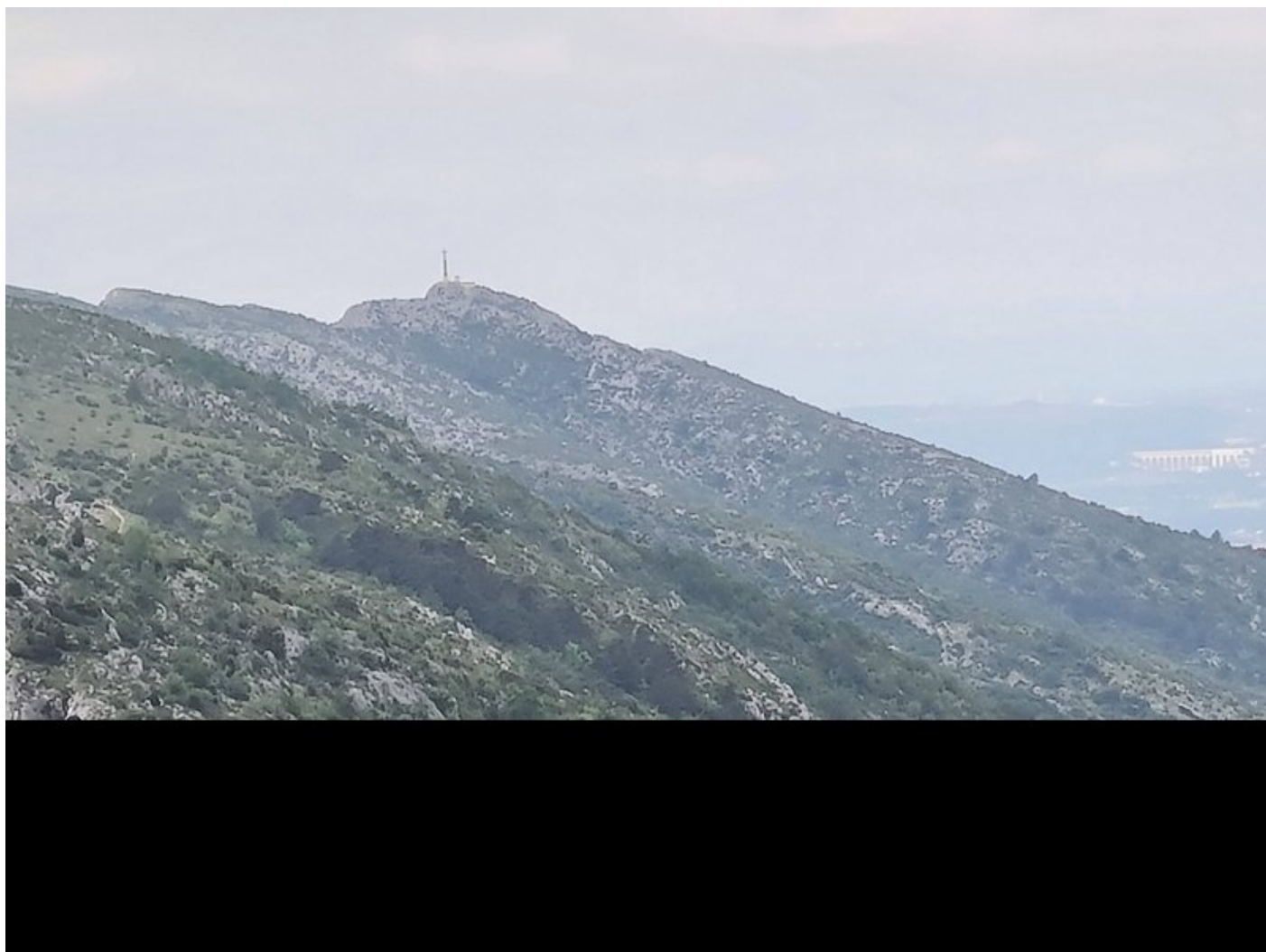




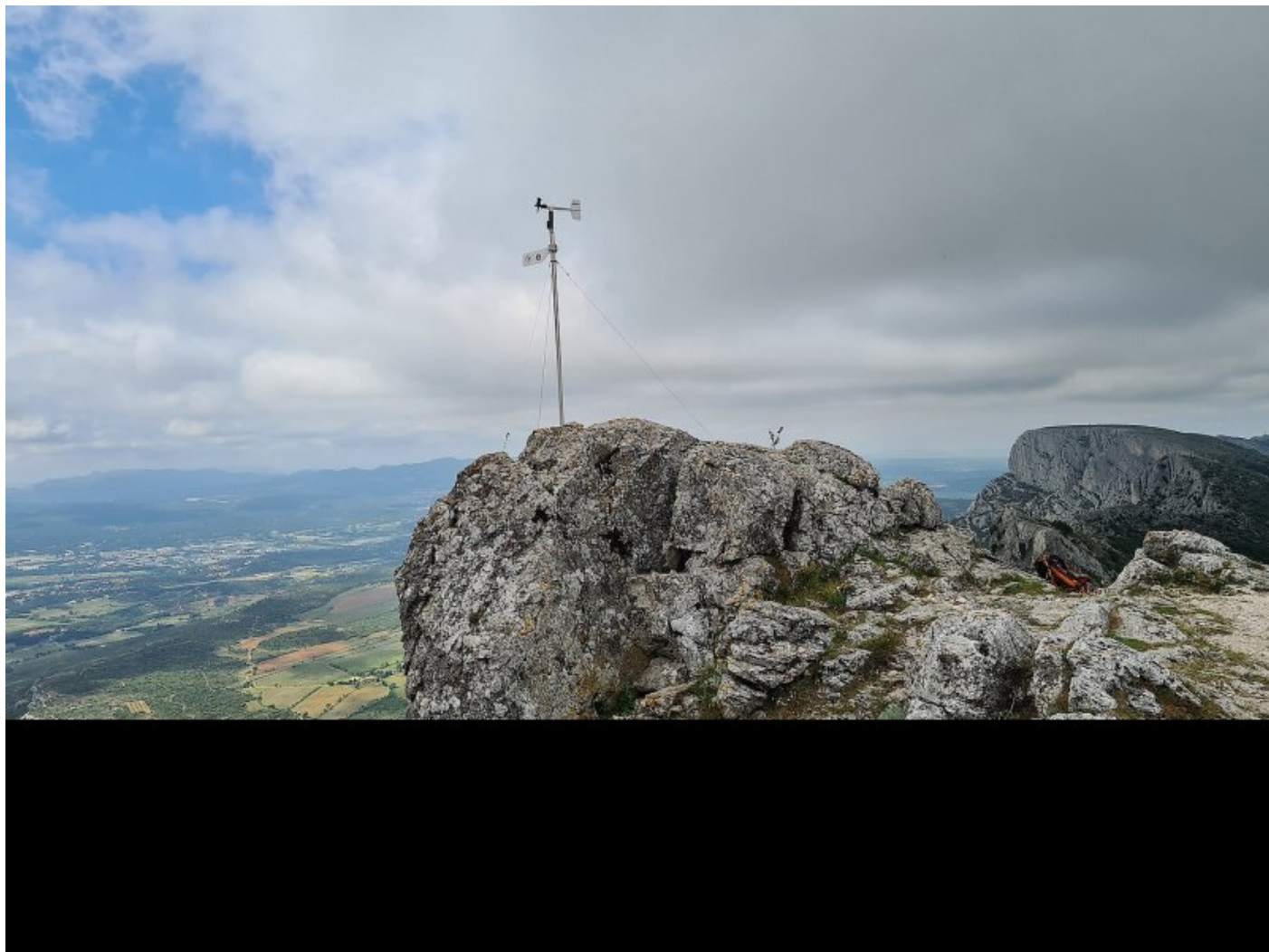




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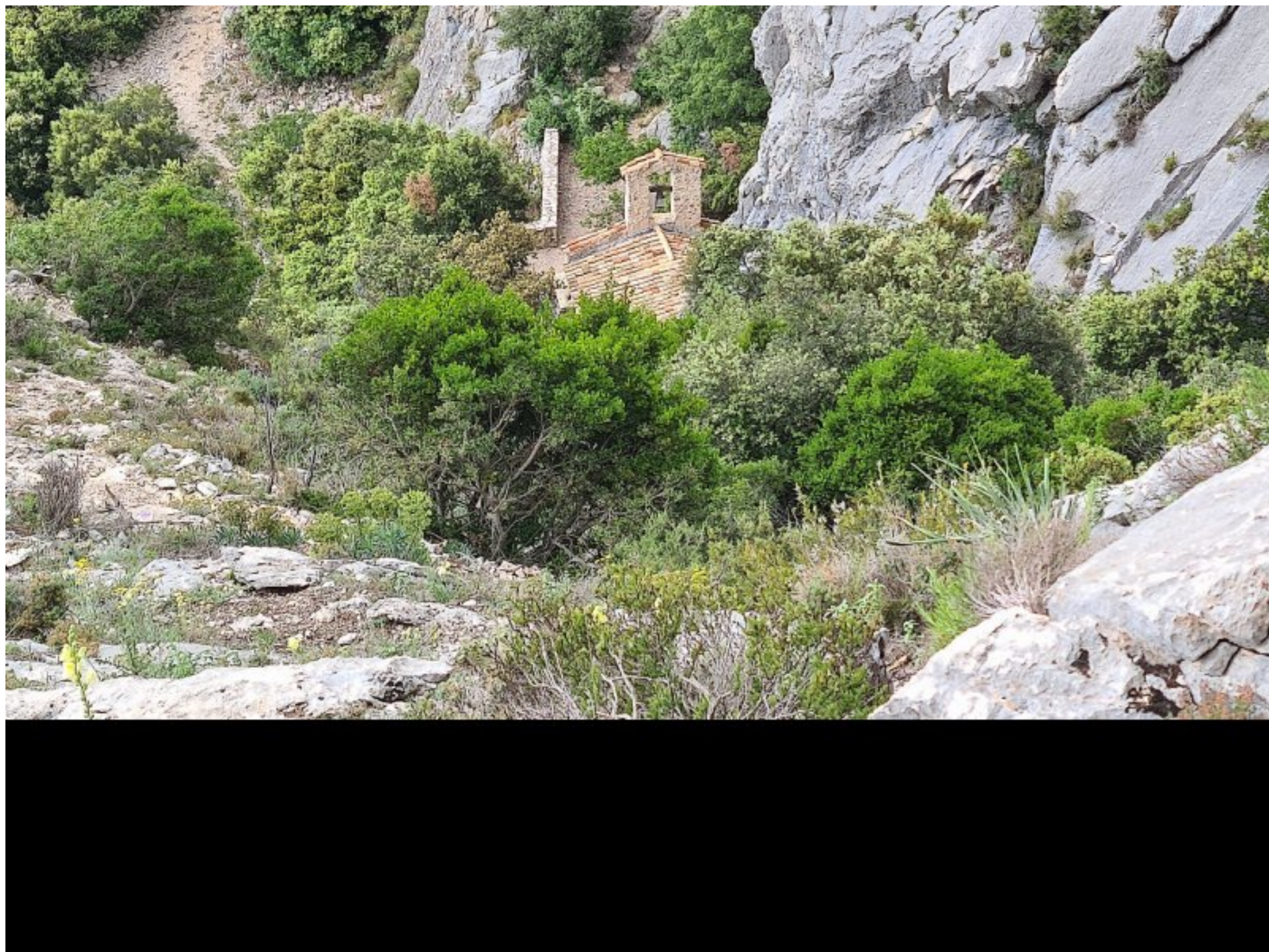




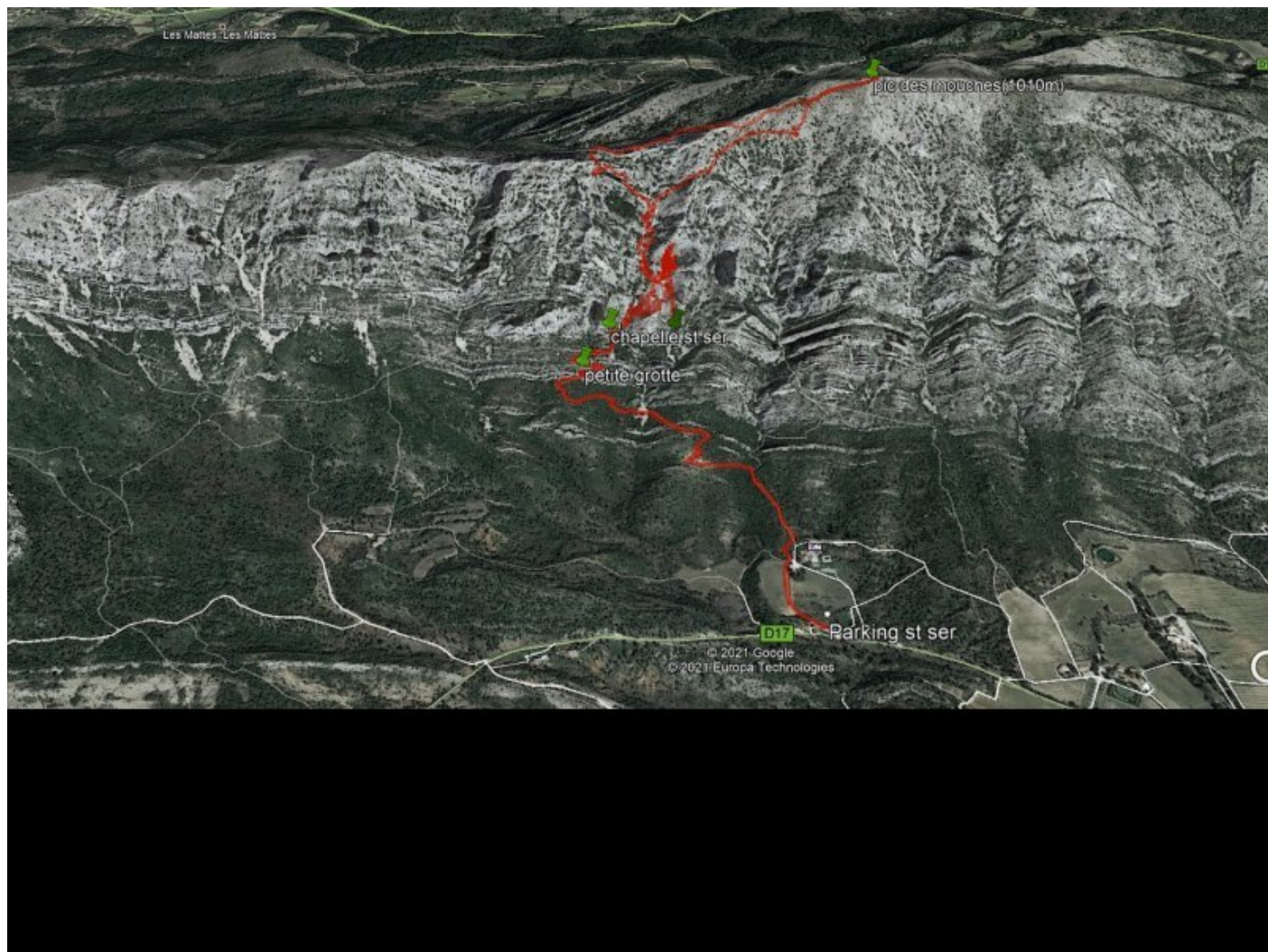


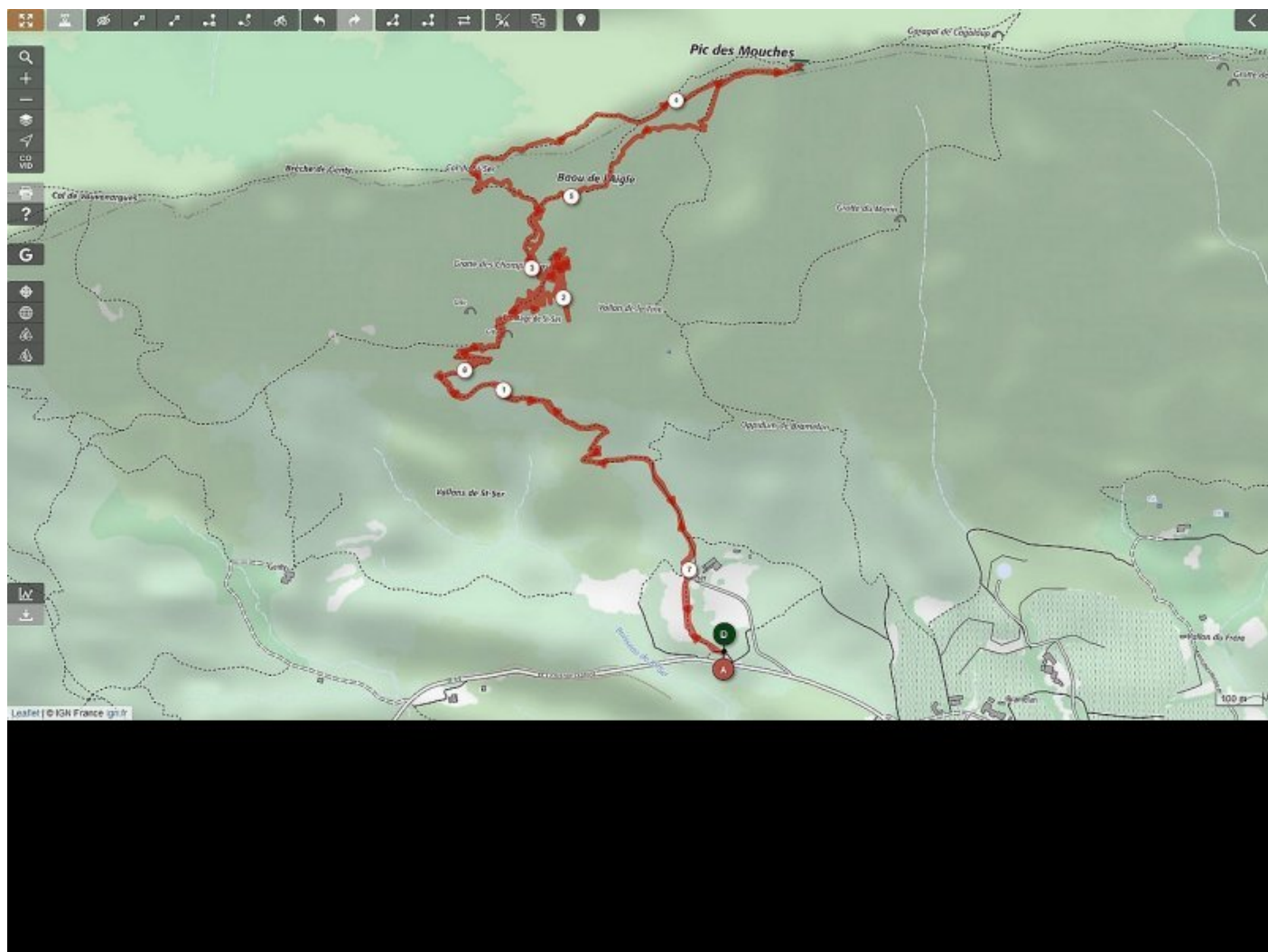






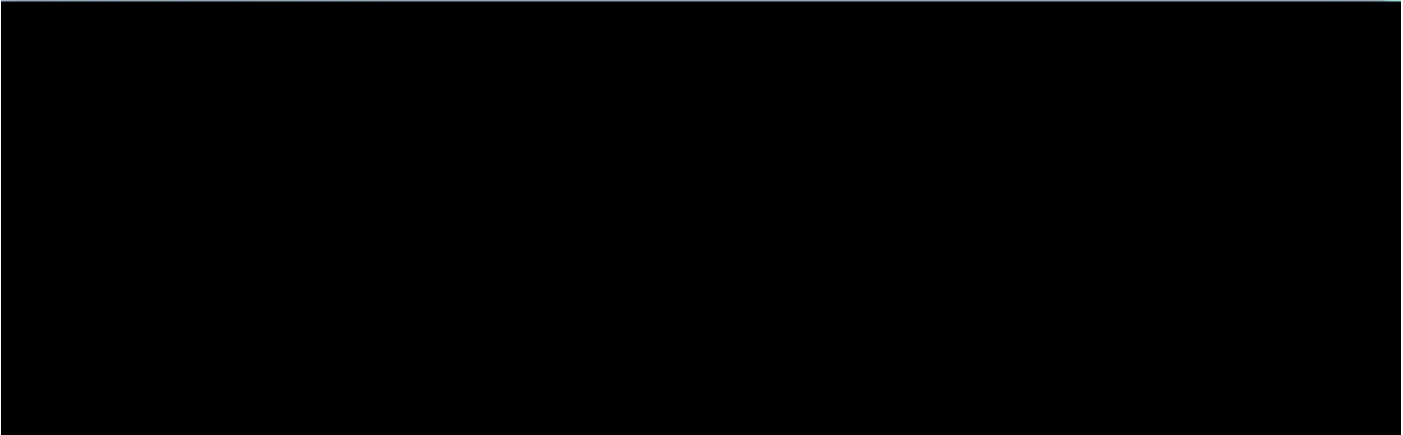


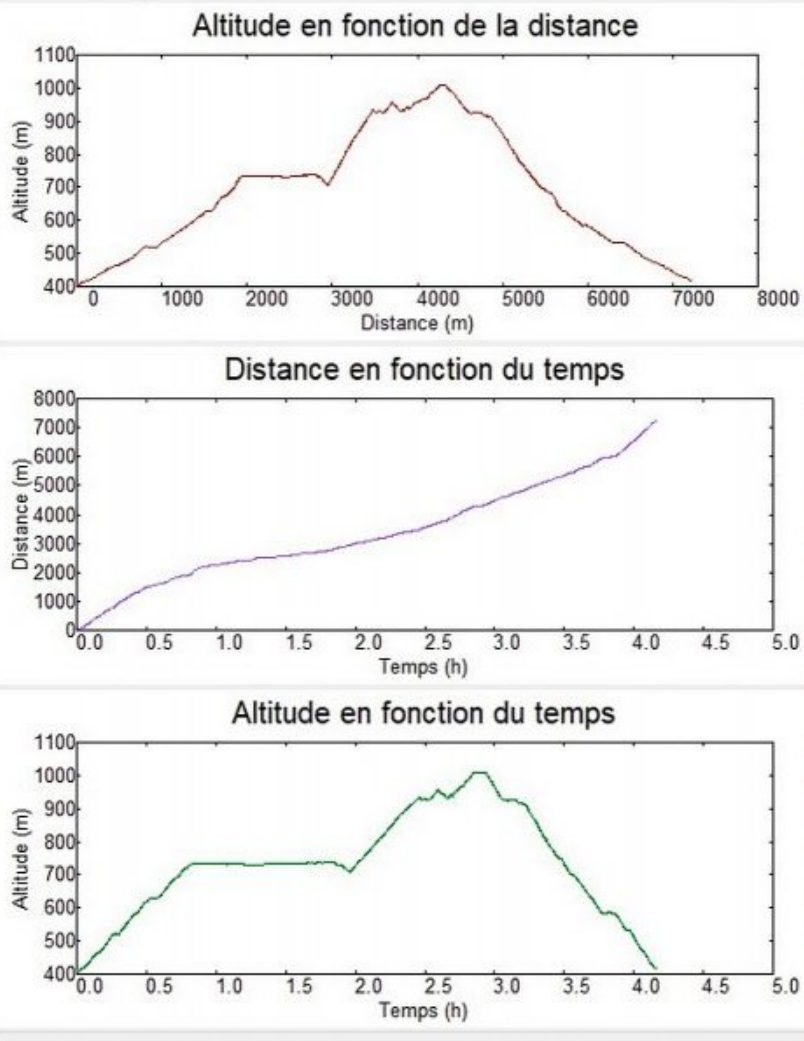




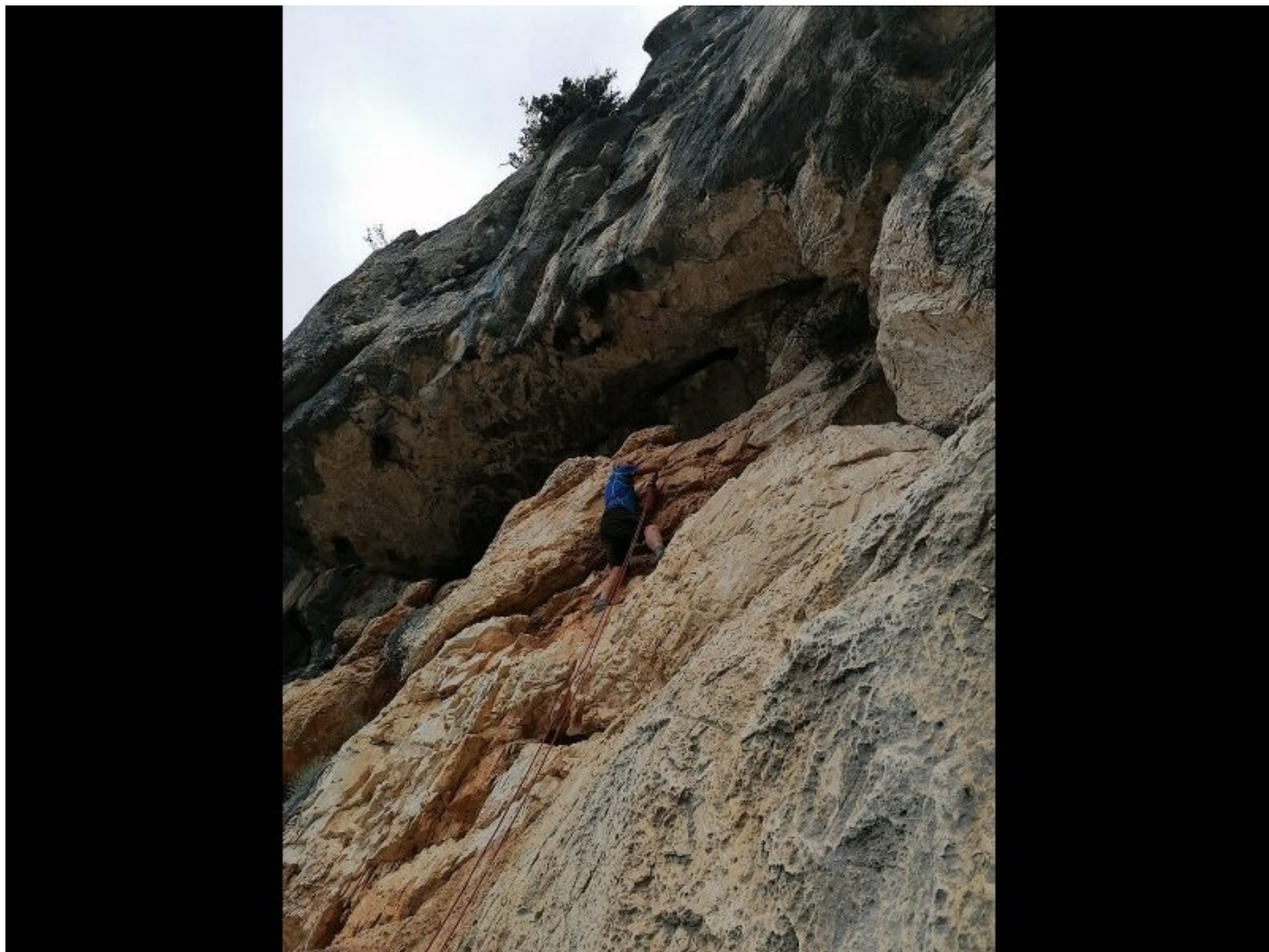
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Heure	06:00:06	10:10:29	Durée	04:10:23
Altitude (m)	408	418	Vitesse moy (km/h)	1.733
Altitude min (m)	406		Dénivelé + (m)	770
Altitude max (m)	1010		Dénivelé - (m)	760
Altitude moy (m)	688			

Ouverture du fichier réussie.



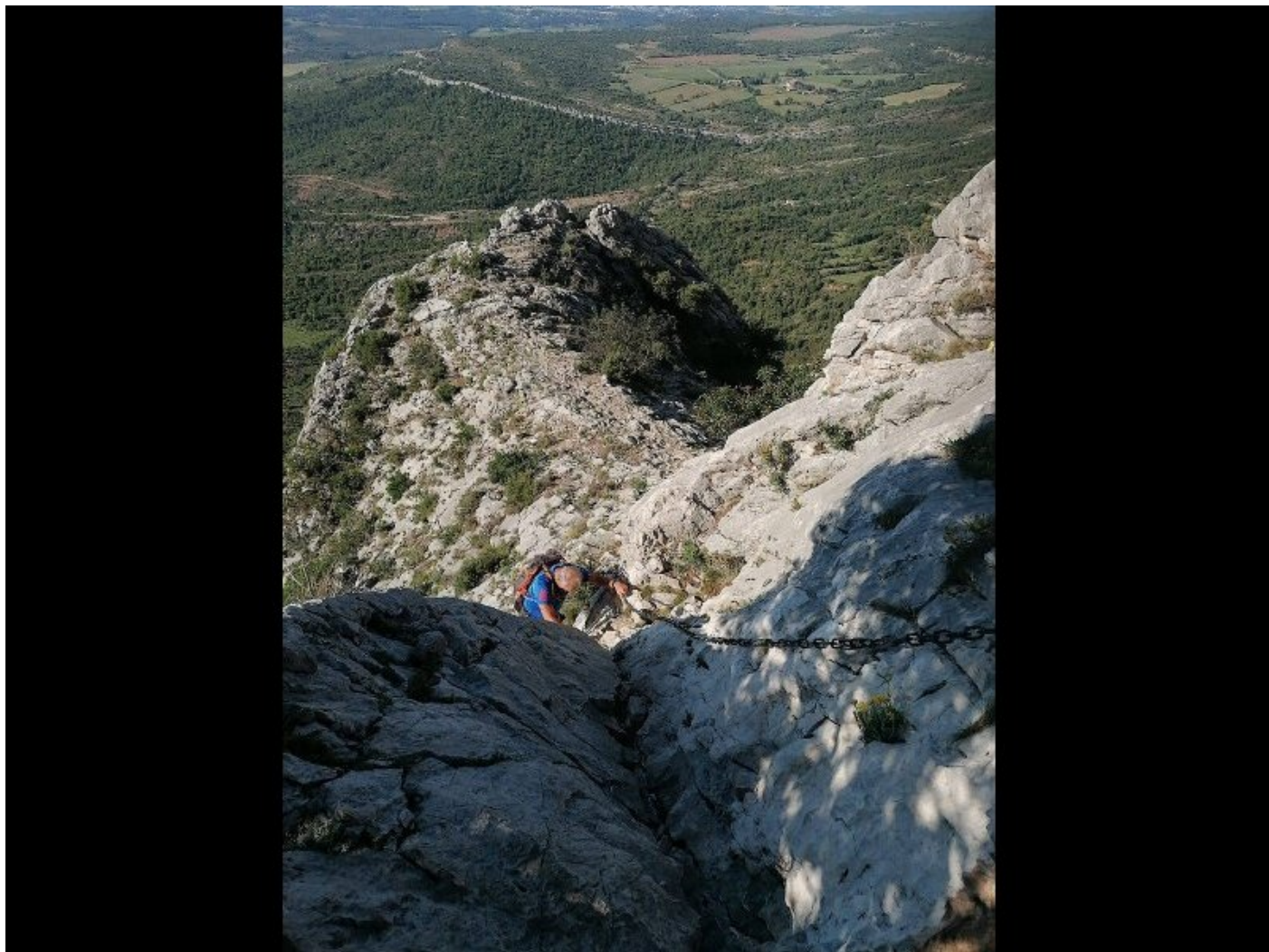


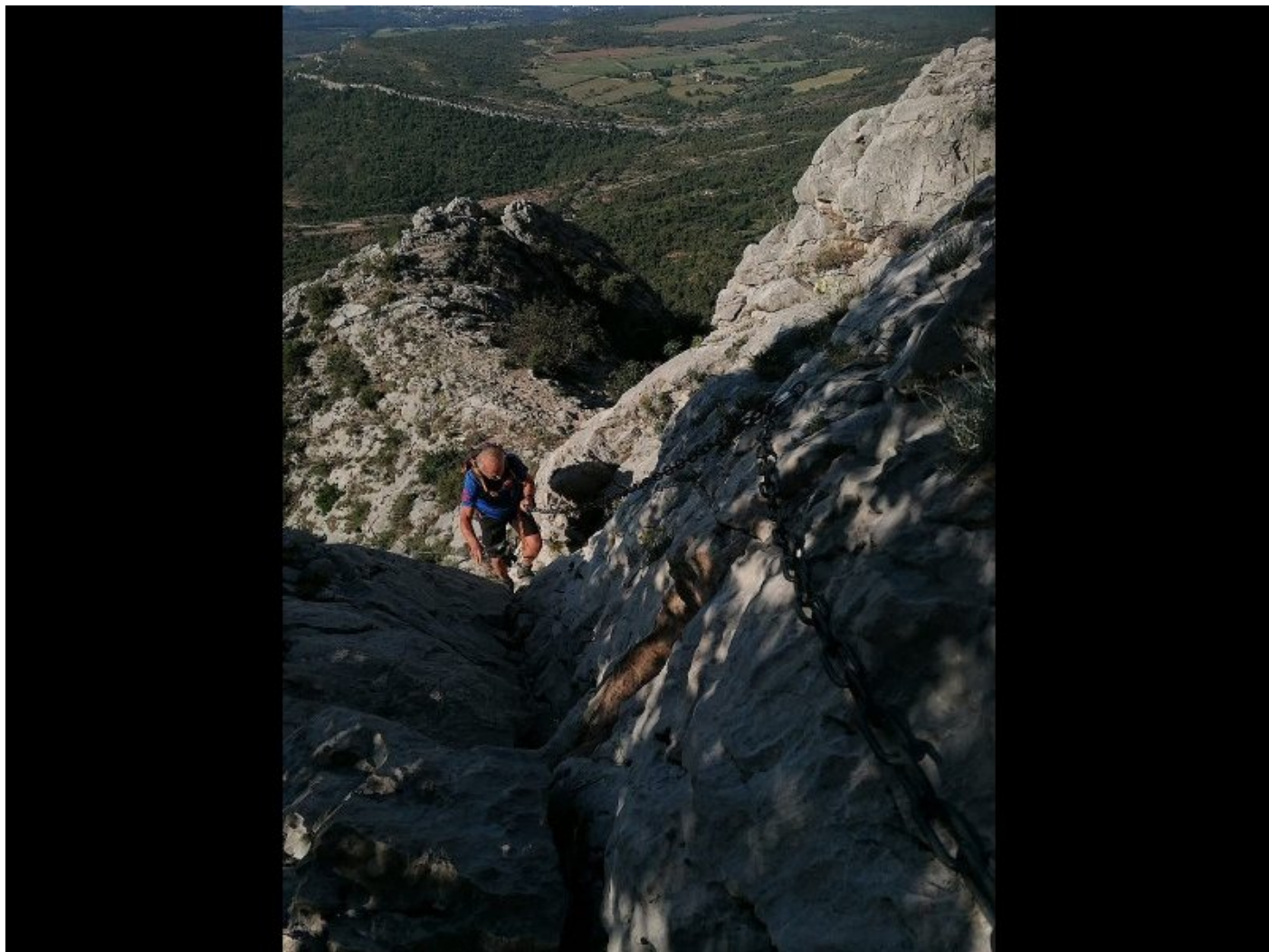












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