

<https://persoremy.fr/spip.php?article526>



**ste baume, plan d'aups,
parking 3 chênes, chemin des
roys, chapelle des parisiens,
col et chapelle st pilon, pas de
grotte fermée marie
madeleine..**



Date de mise en ligne : jeudi 7 janvier 2021

Date de parution : 7 janvier 2021

- Randos

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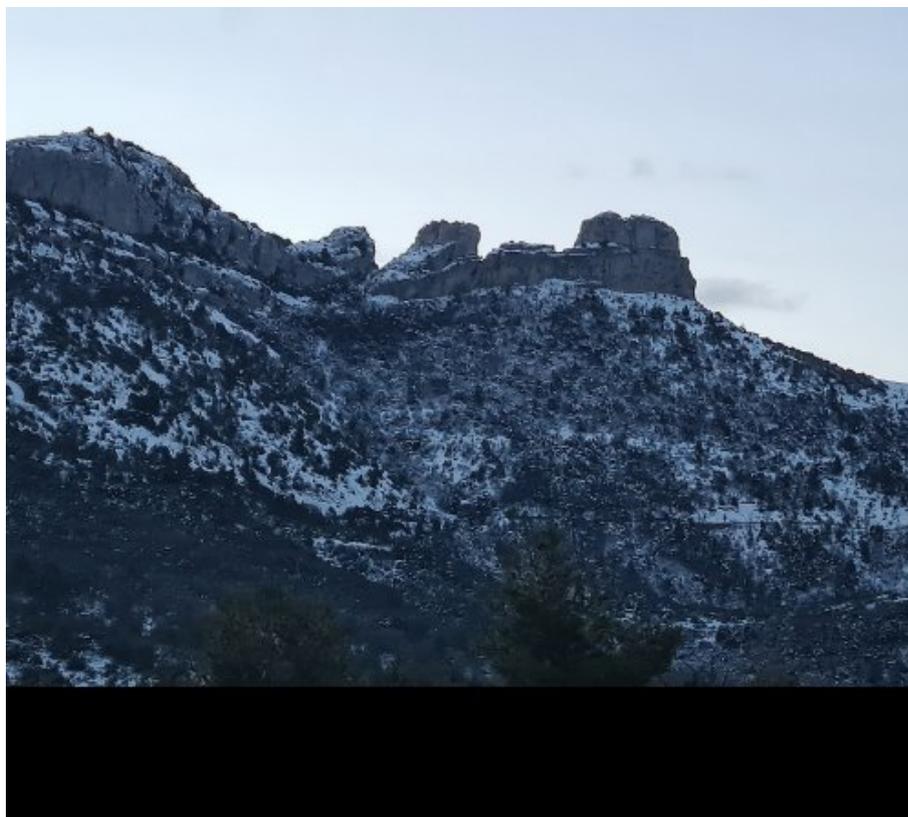
le circuit IGN

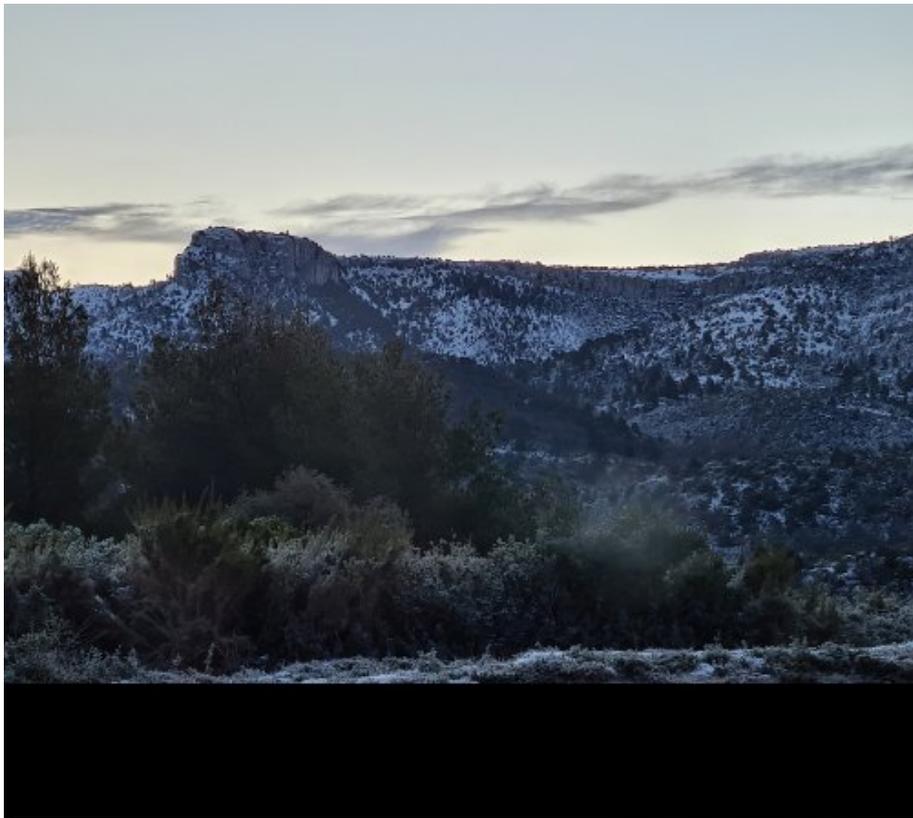
rando fraîche (-10°) de 6km650 en 2h10 et 357m de dénivelé dans la neige, départ parking des 3 chênes au plan d'aups..

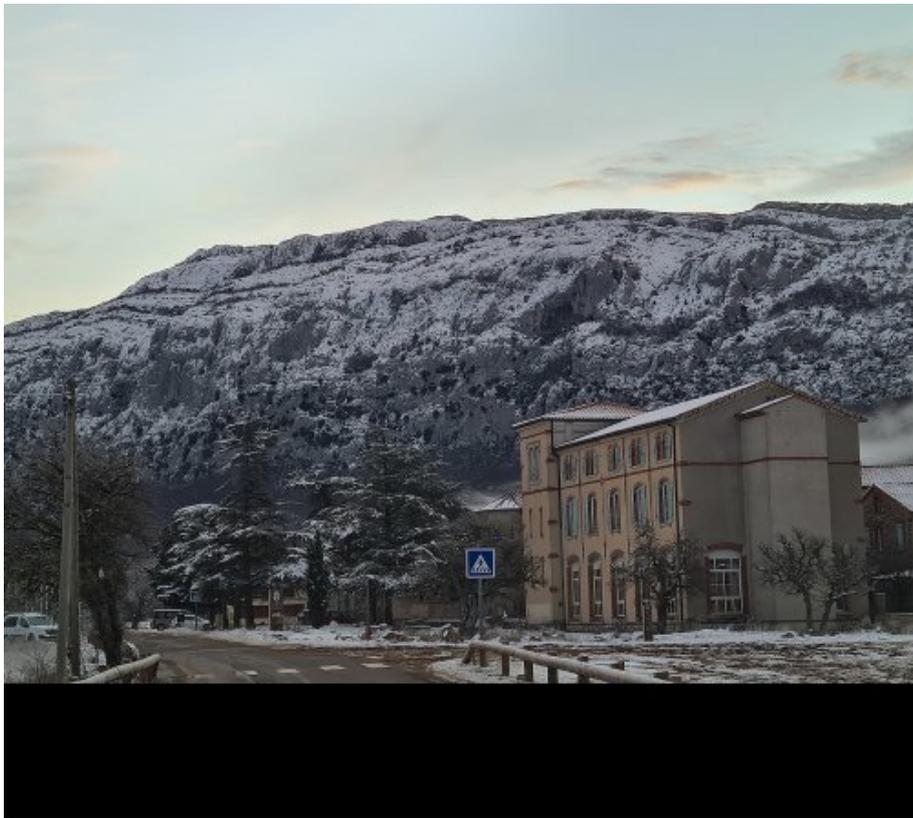
de ce parking, la barrière, chemin des roys ,un peu après la source de nans, partir à gauche, passer à côté de la chapelle des parisiens, tracé enneigé, un peu glissant, le col st pilon, à droite trace vers la chapelle st pilon, point de vue..

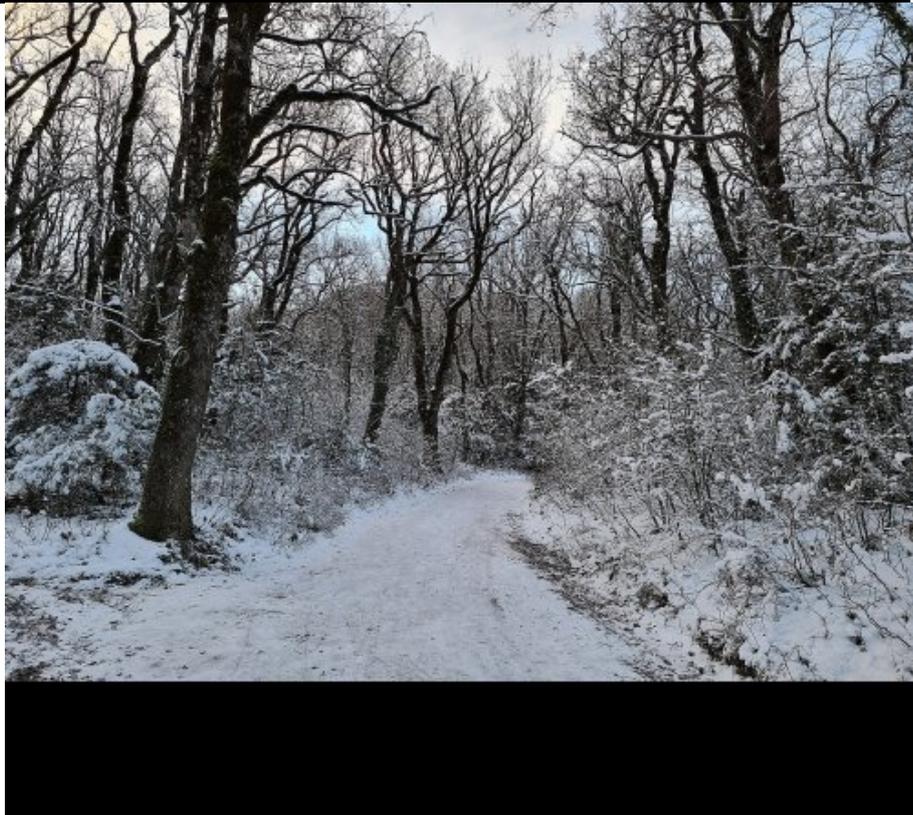
on continue le GR, petite trace, au pas de la cabre, indiqué par un poteau, petit passage dans une neige plus profonde, descente le long de la paroi, jusqu'à la grotte encore fermée, marie madeleine

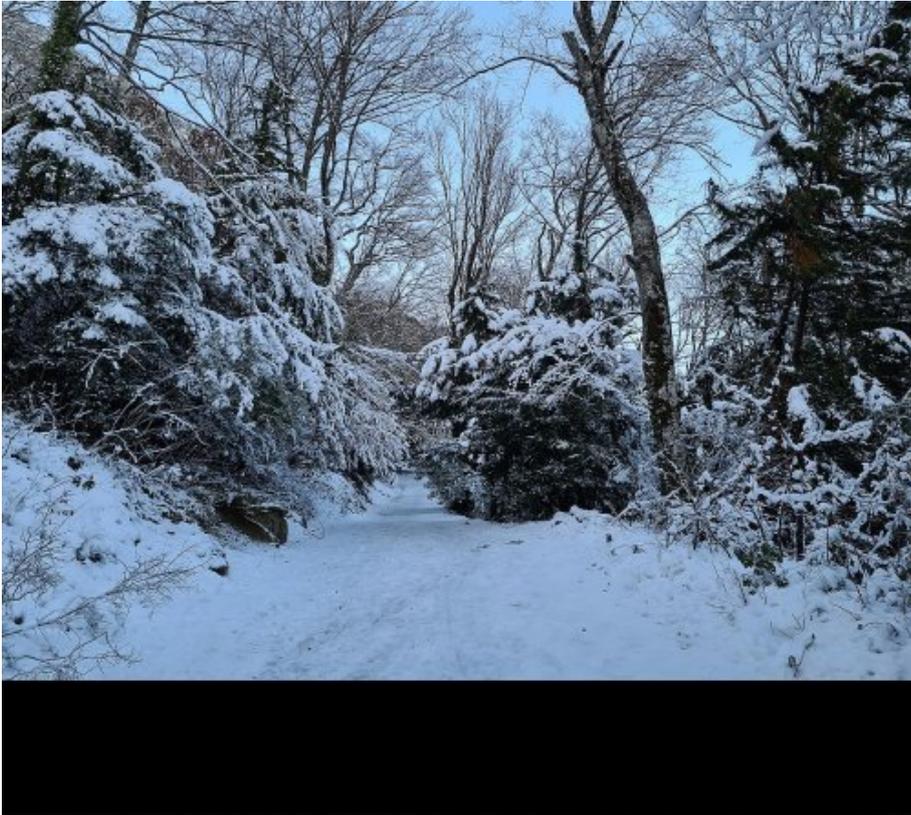
puis à gauche le GR, qui descend, attention de ne pas glisser ce jour, en bas à droite puis au petit pont à gauche, raccourci à travers pré puis le chemin vers le parking..





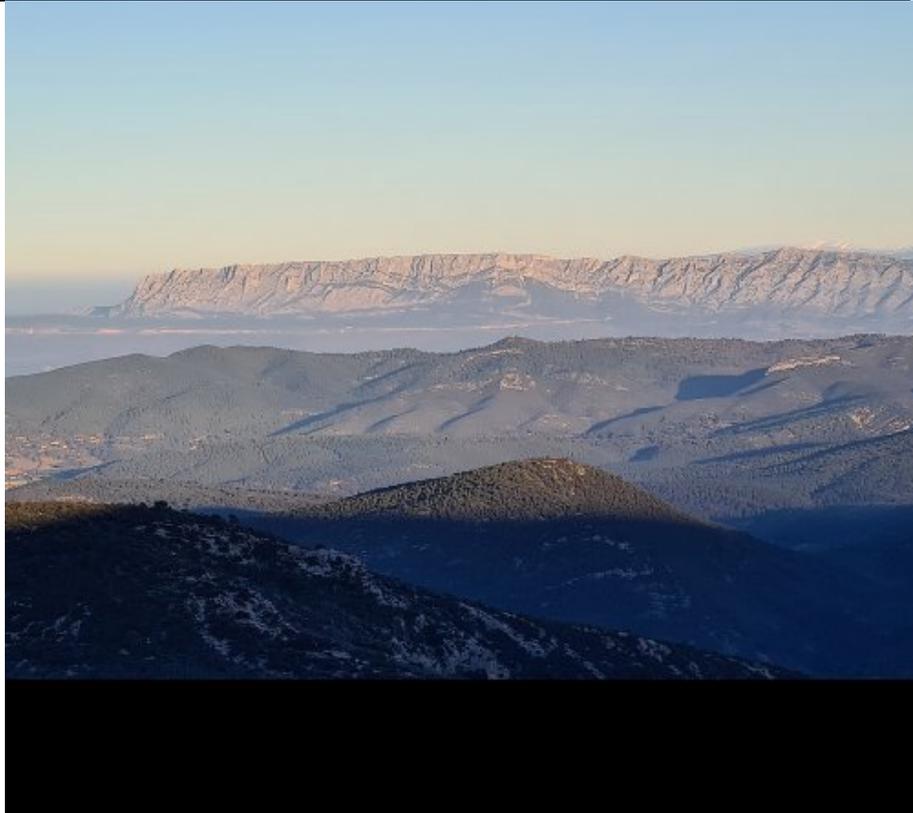
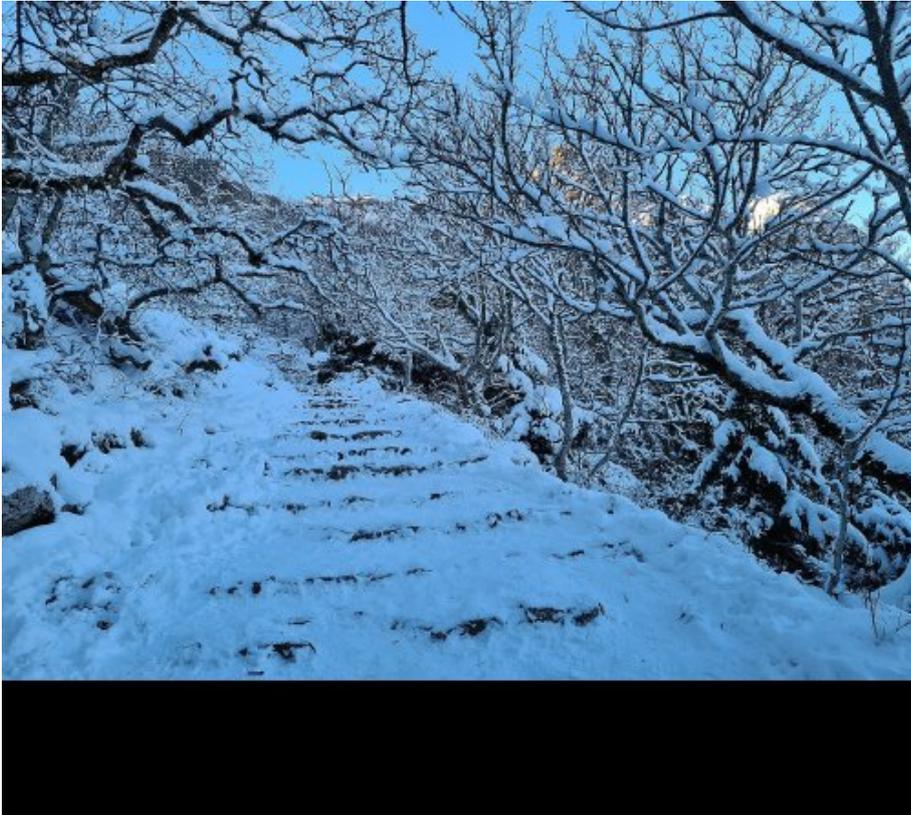


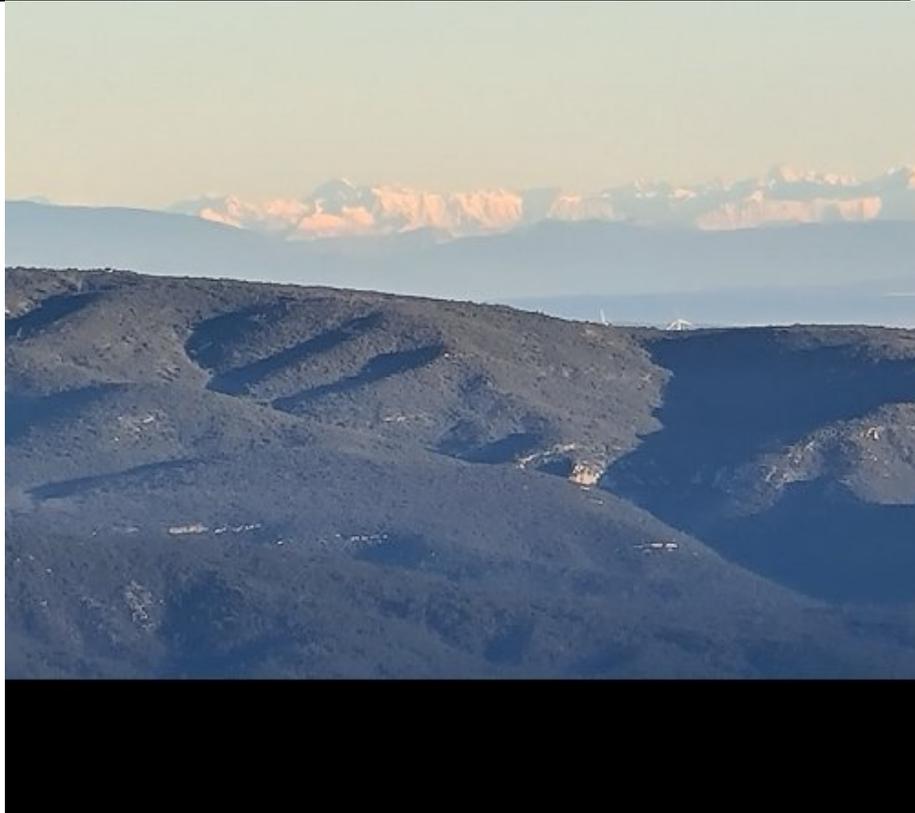
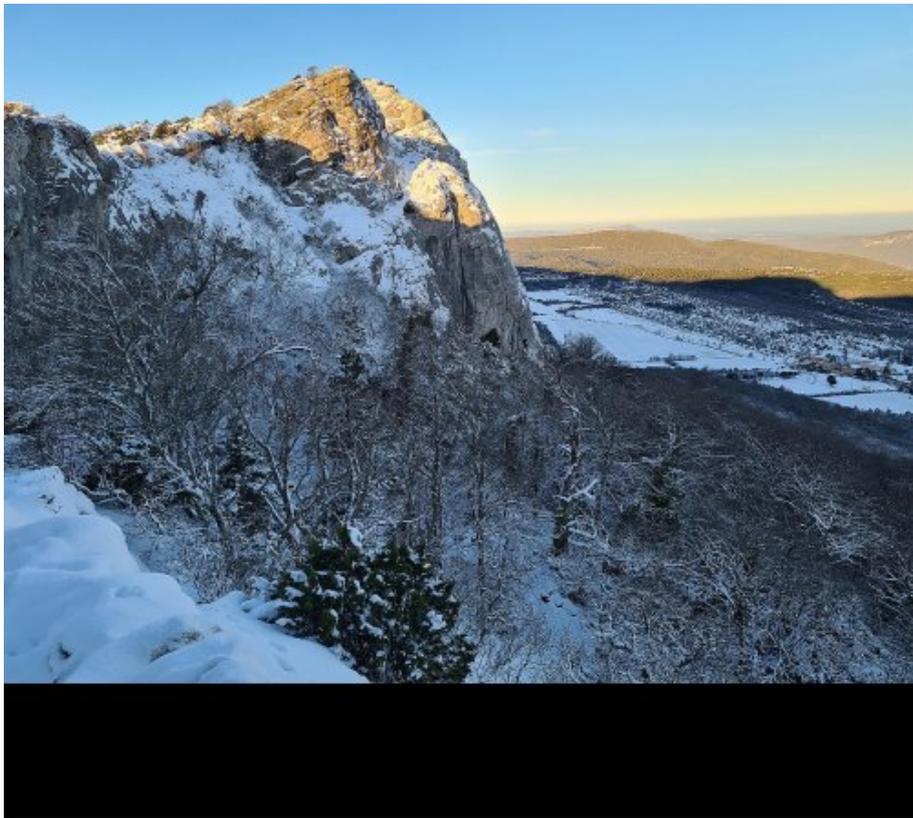


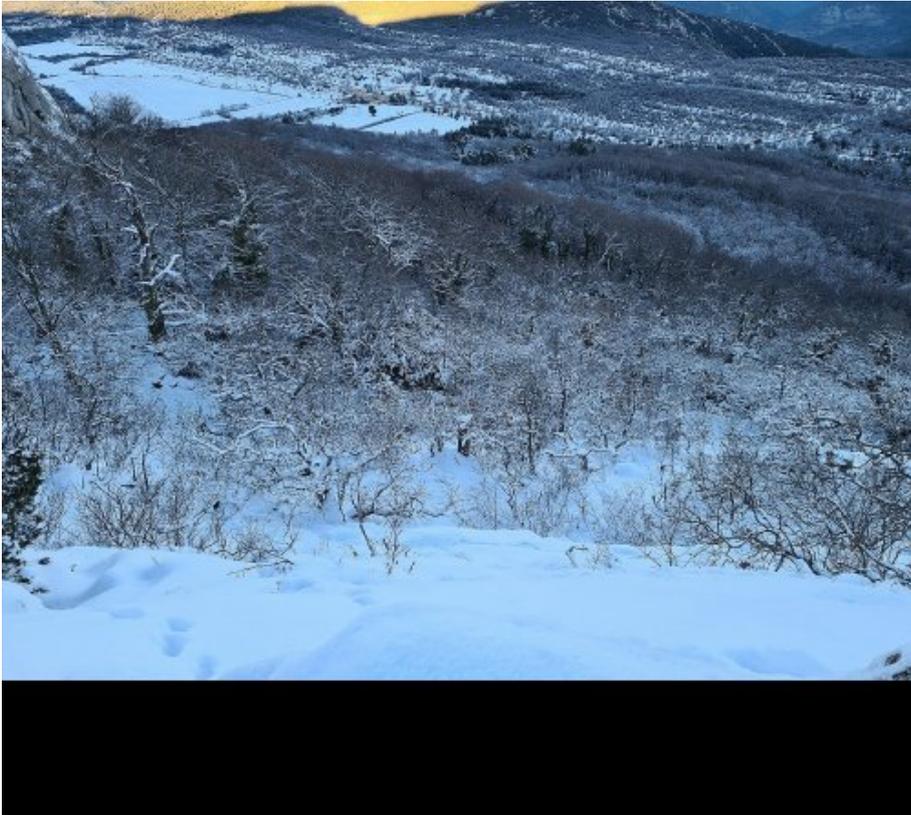


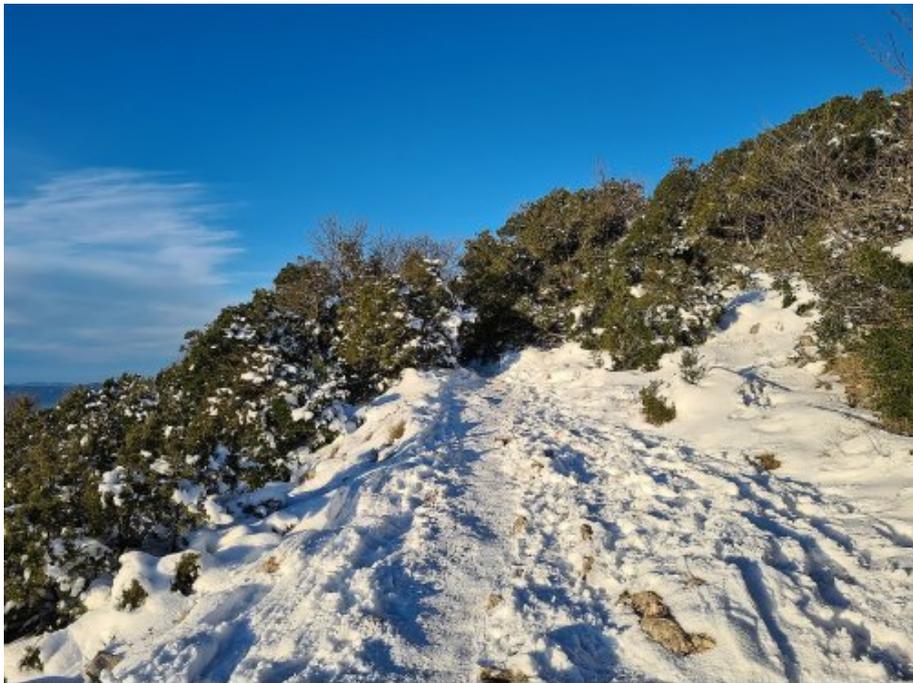


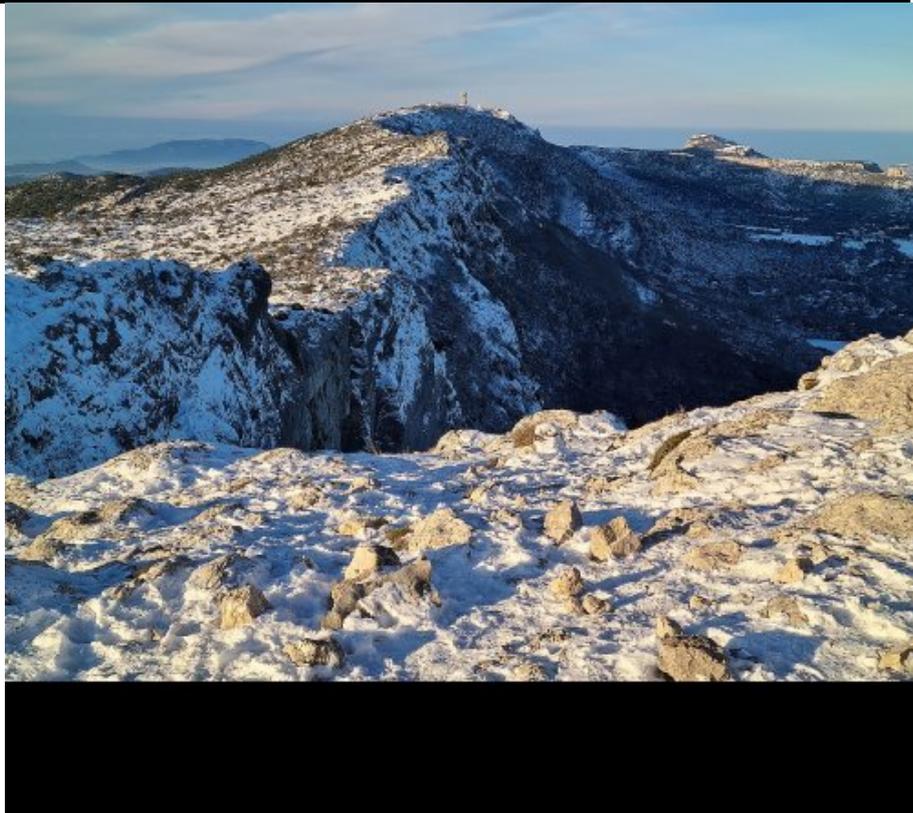
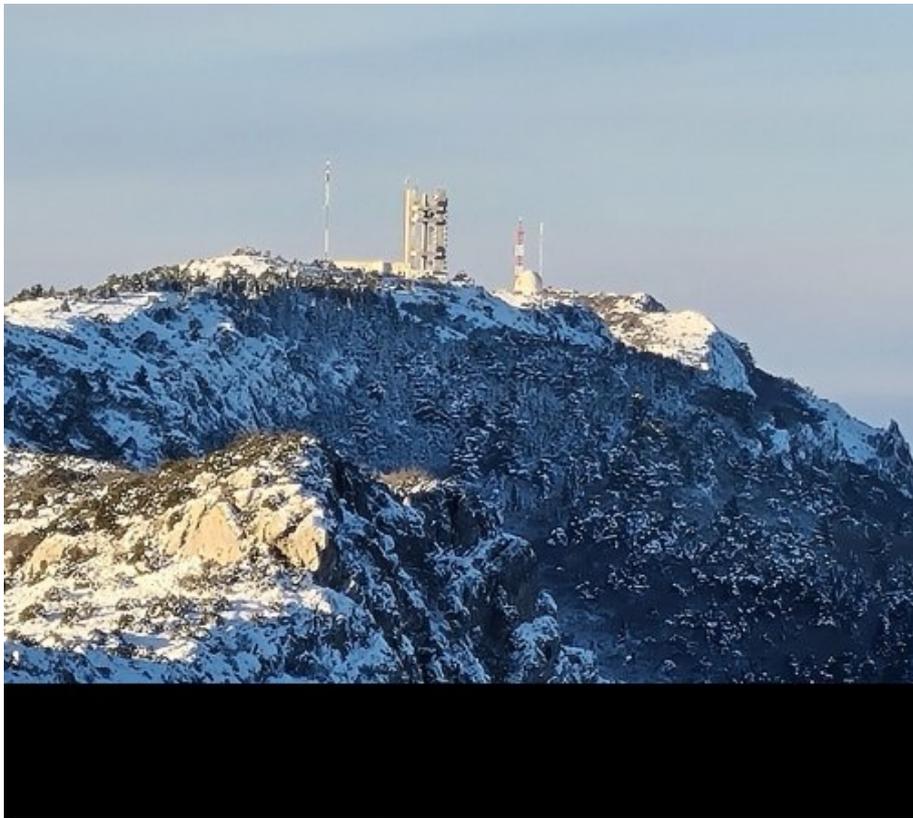


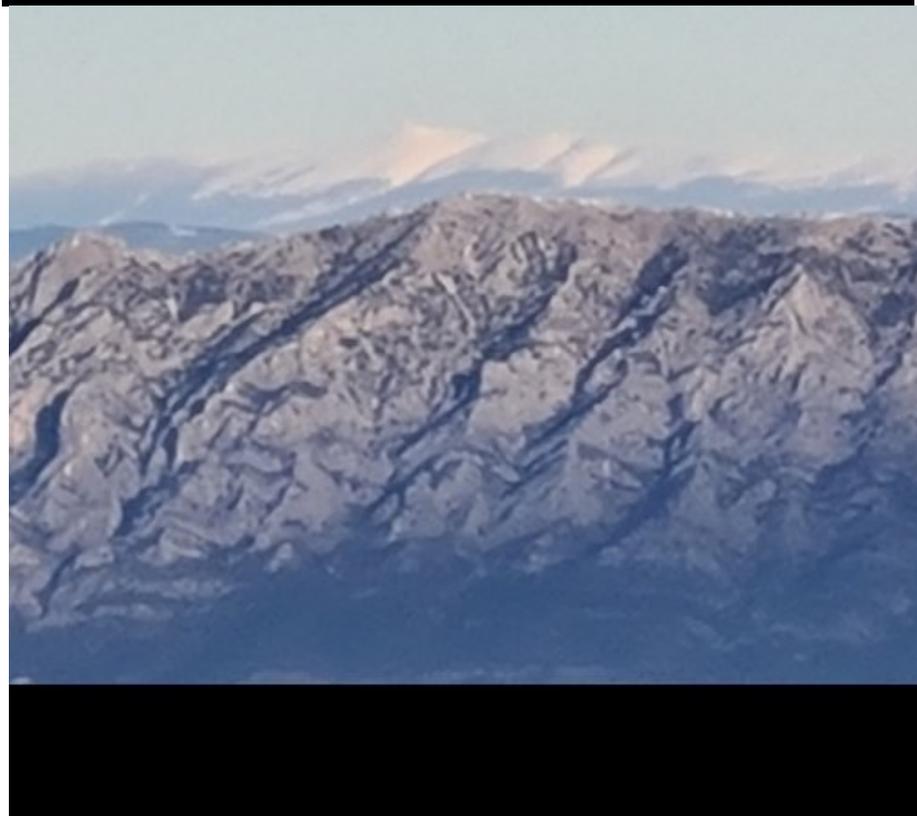


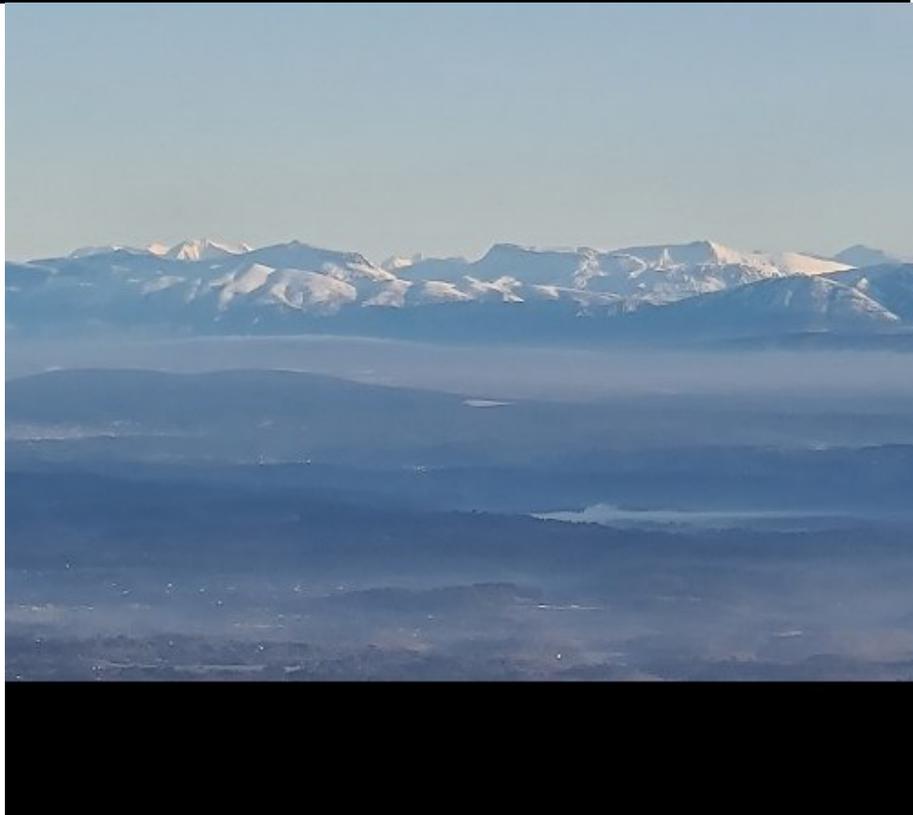
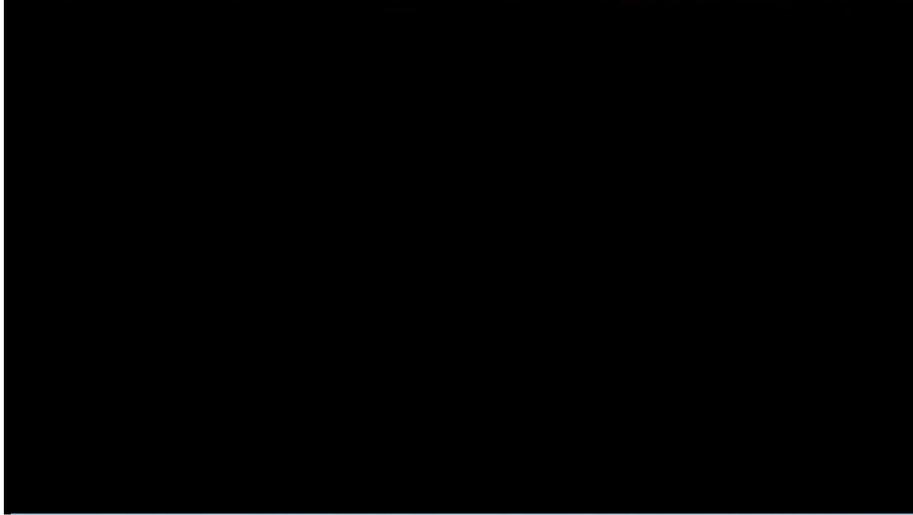


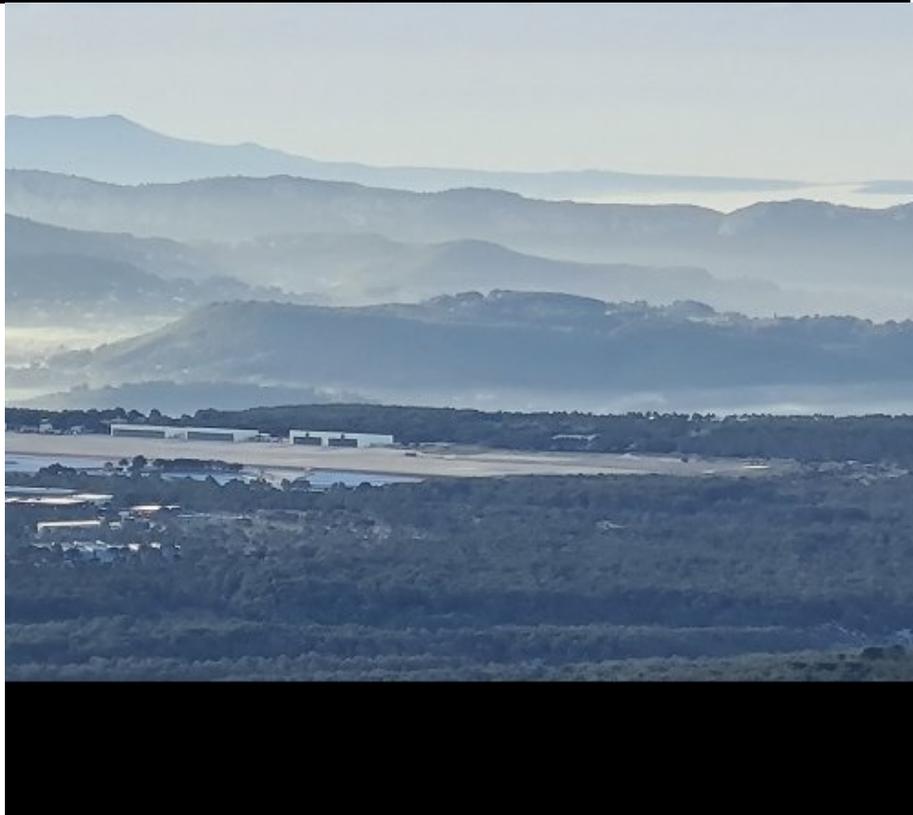




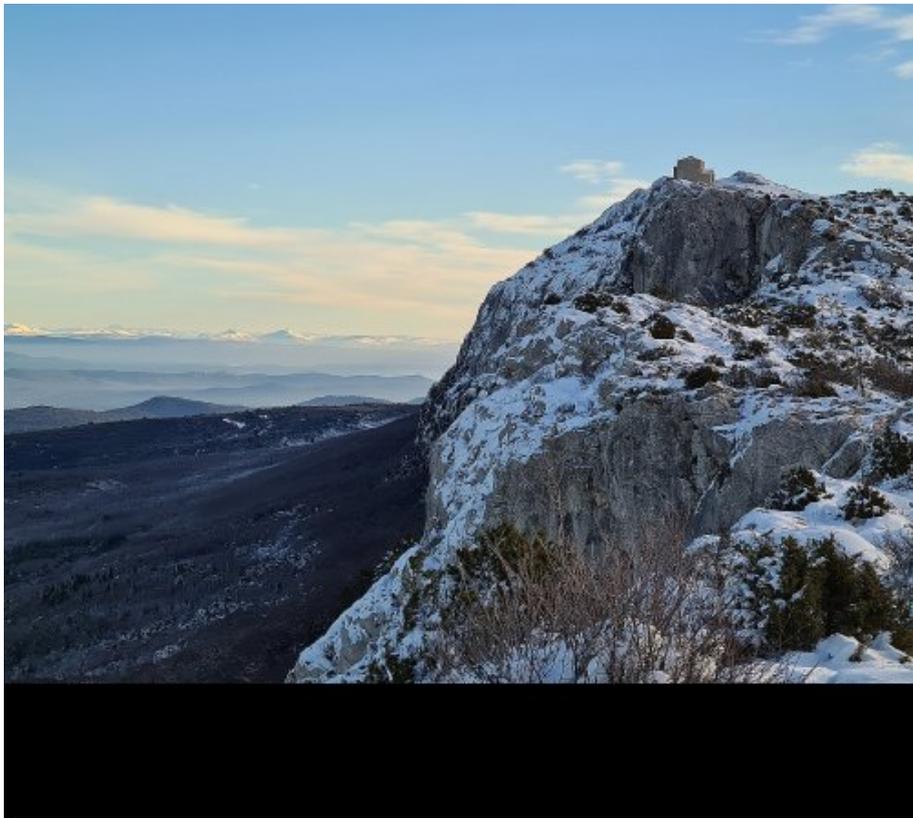




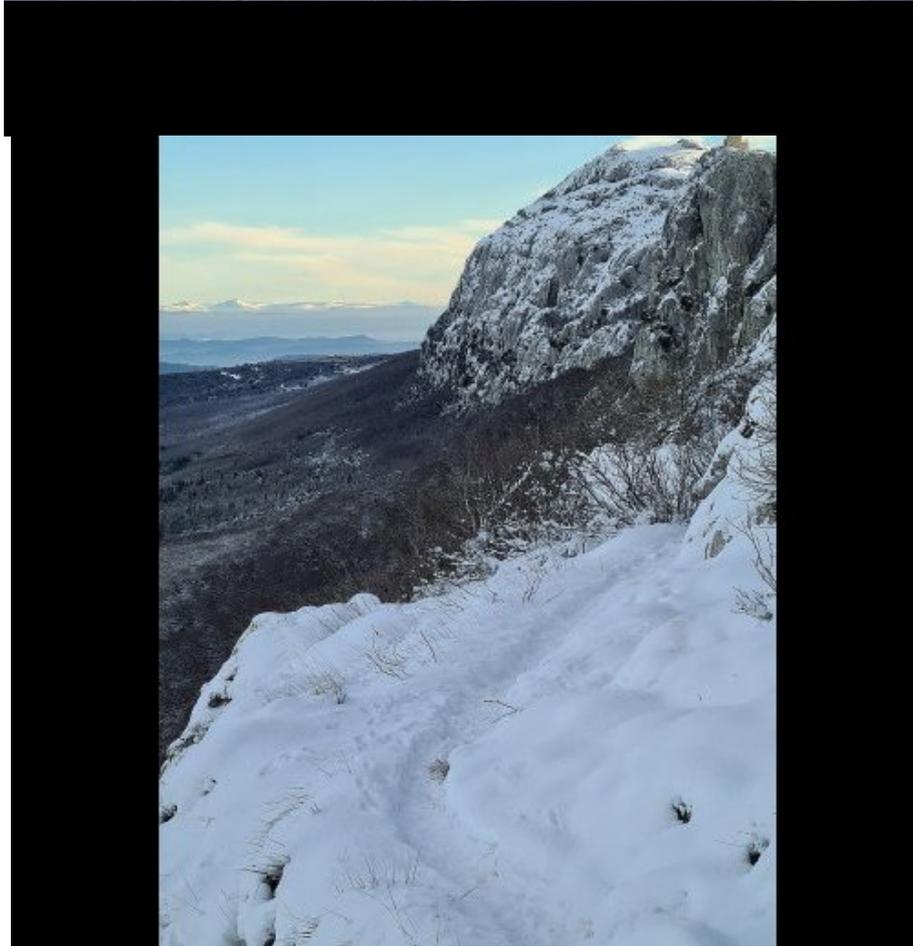


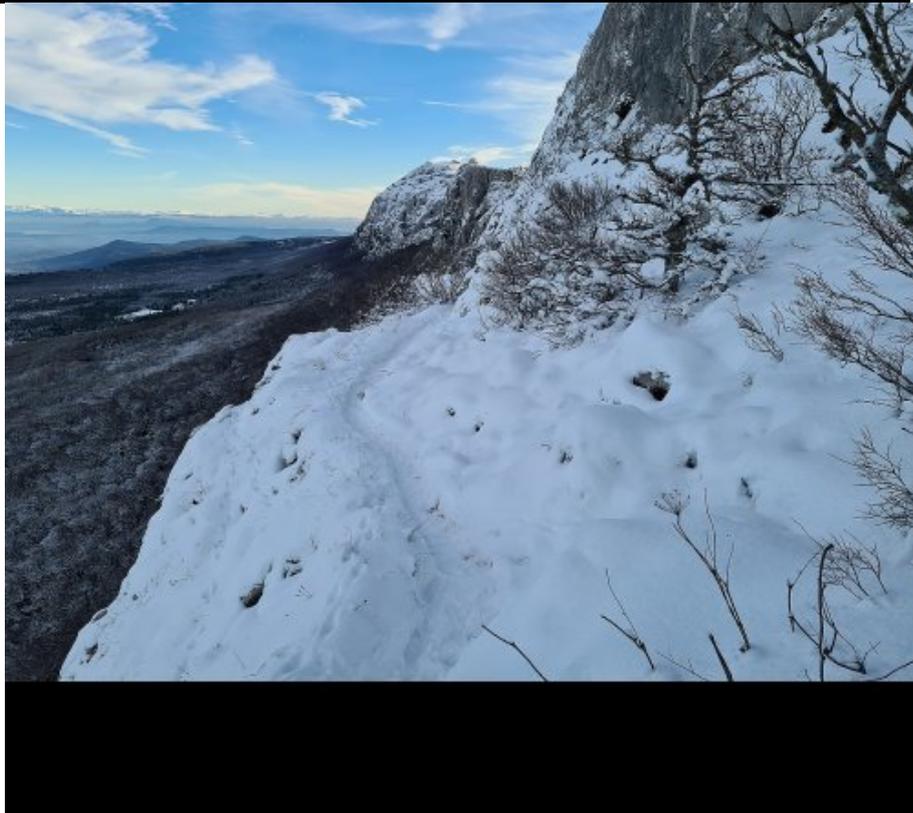
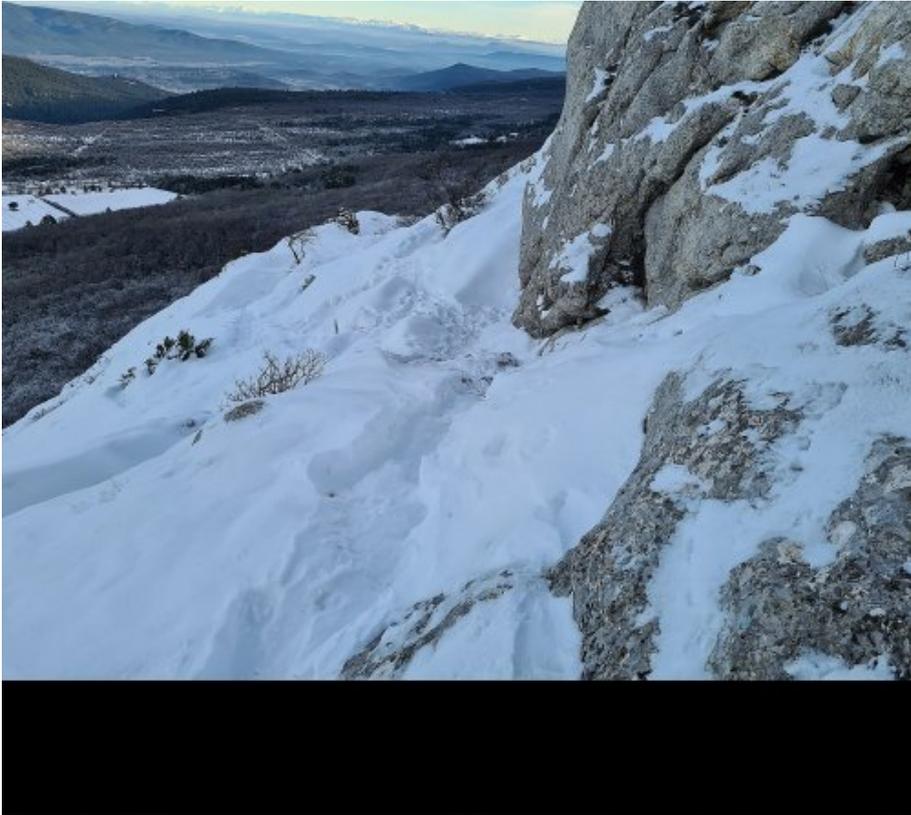




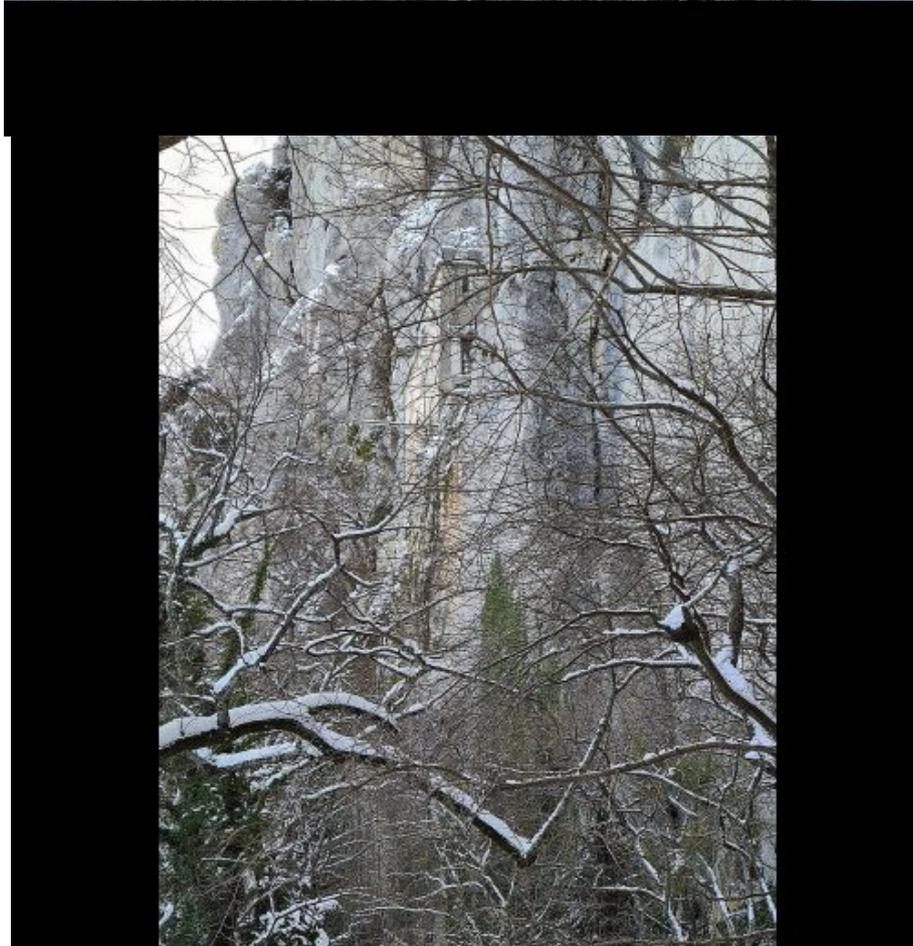


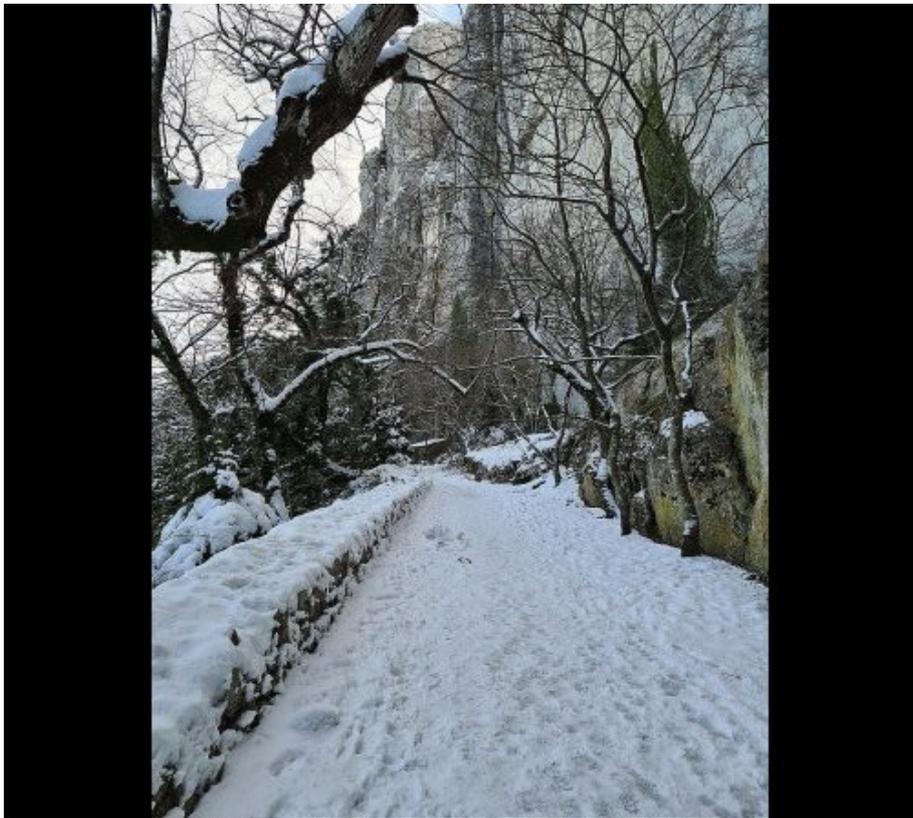


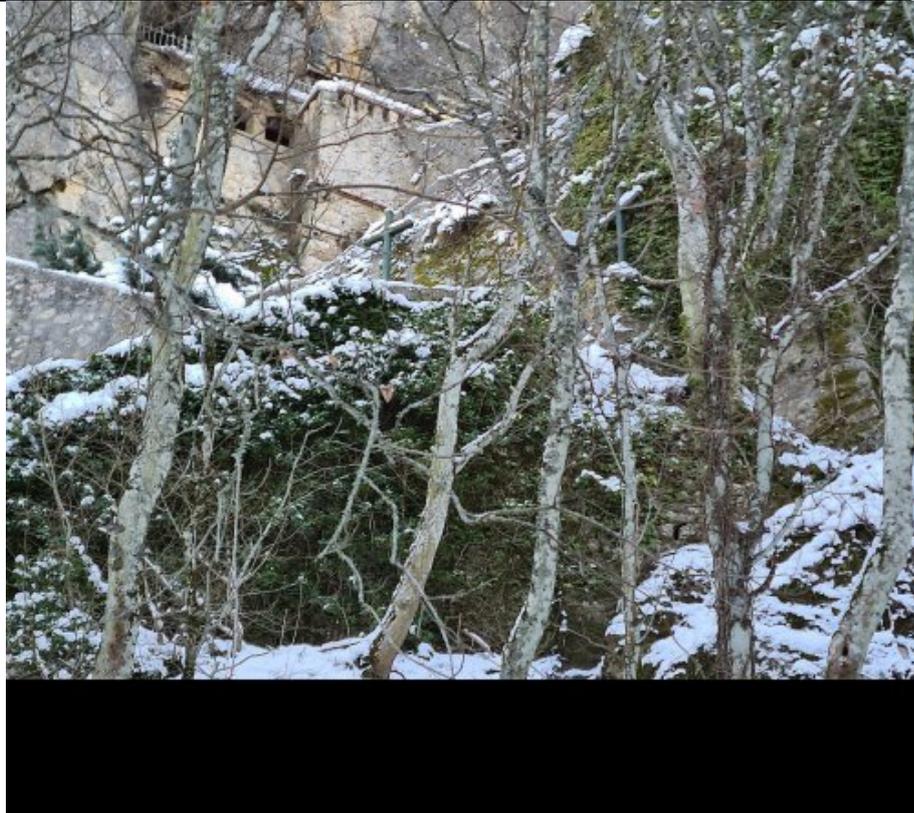
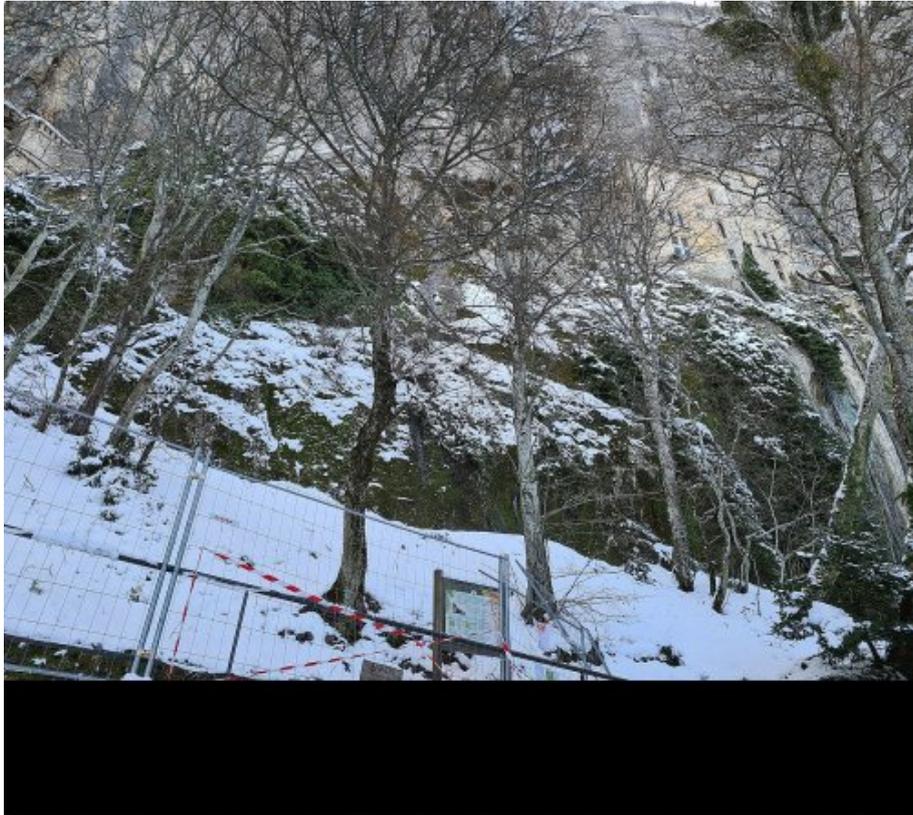




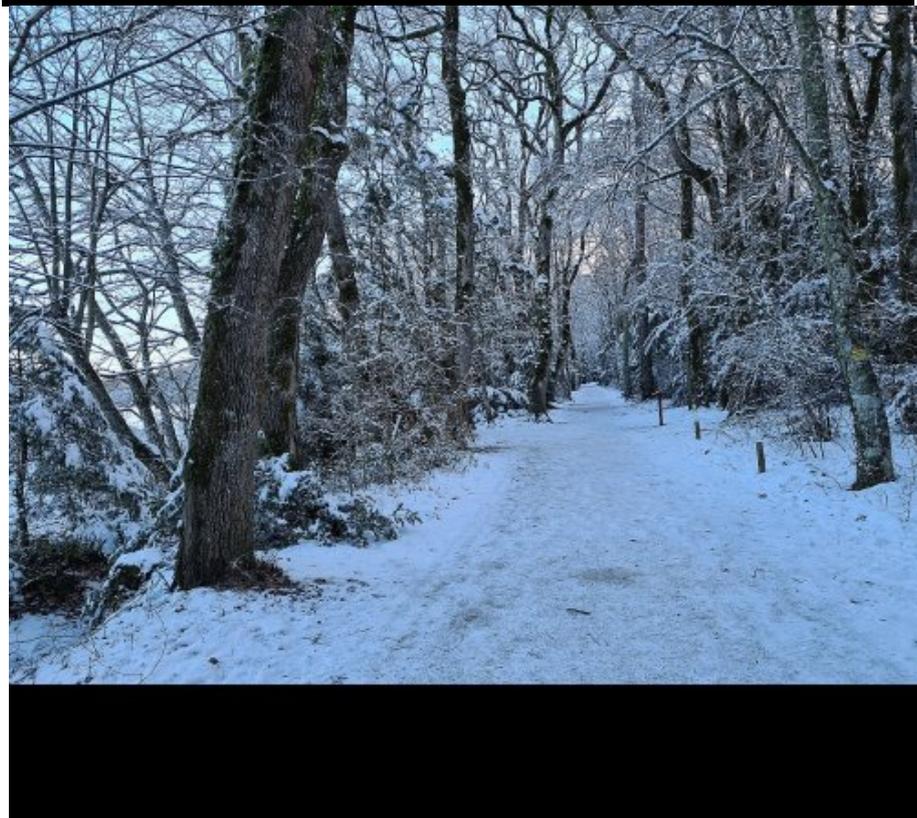


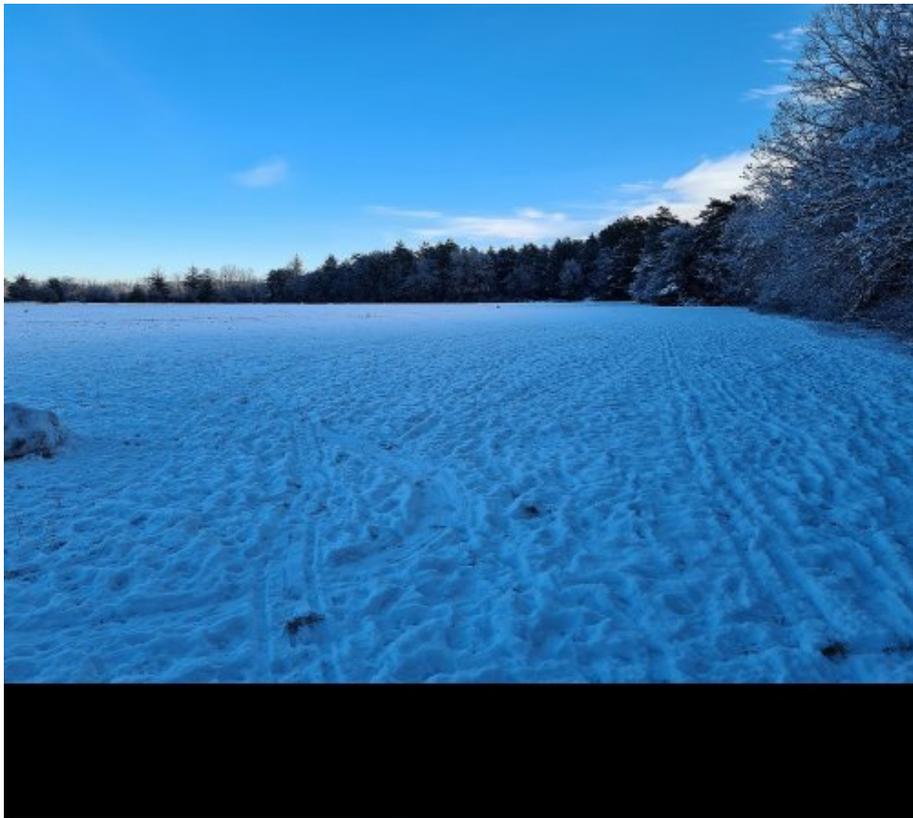


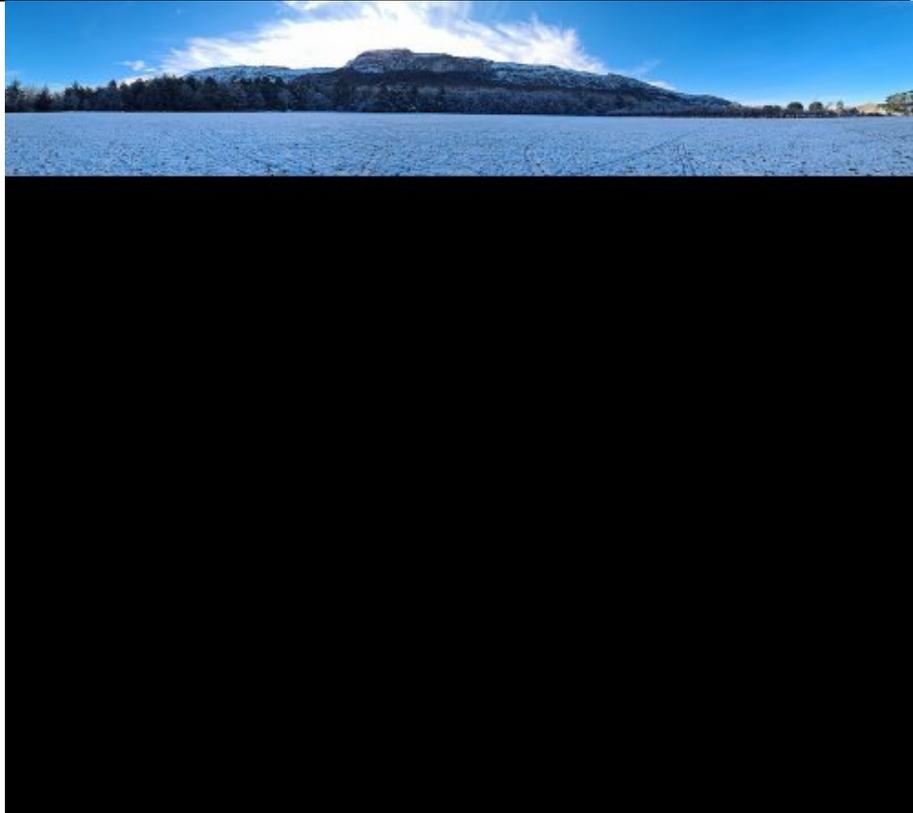
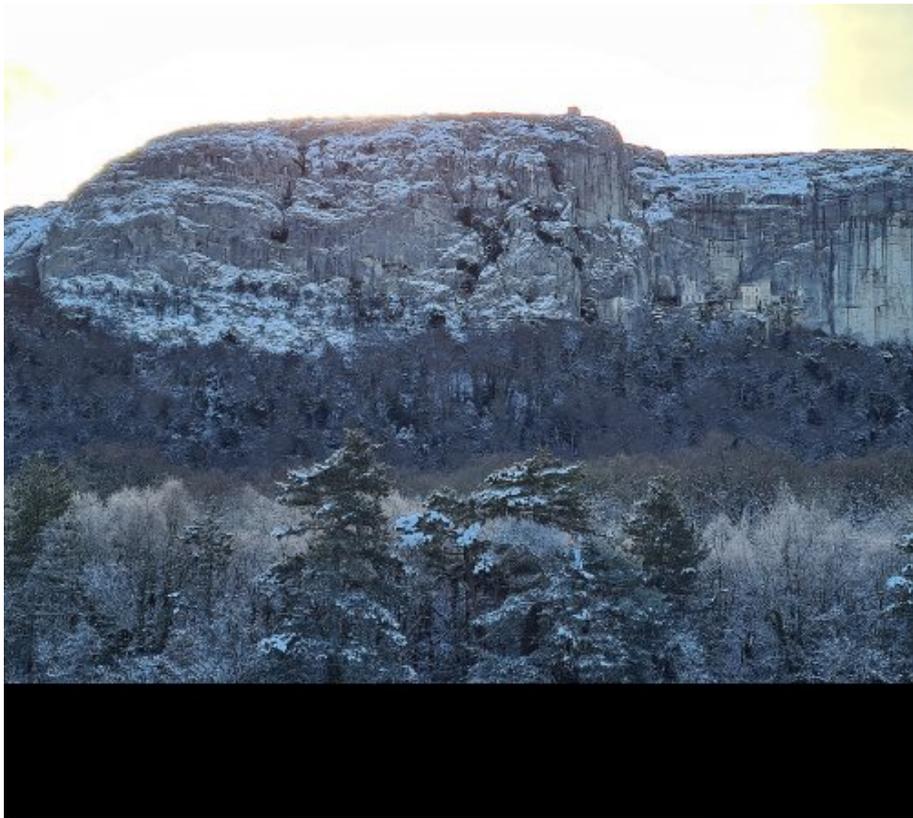




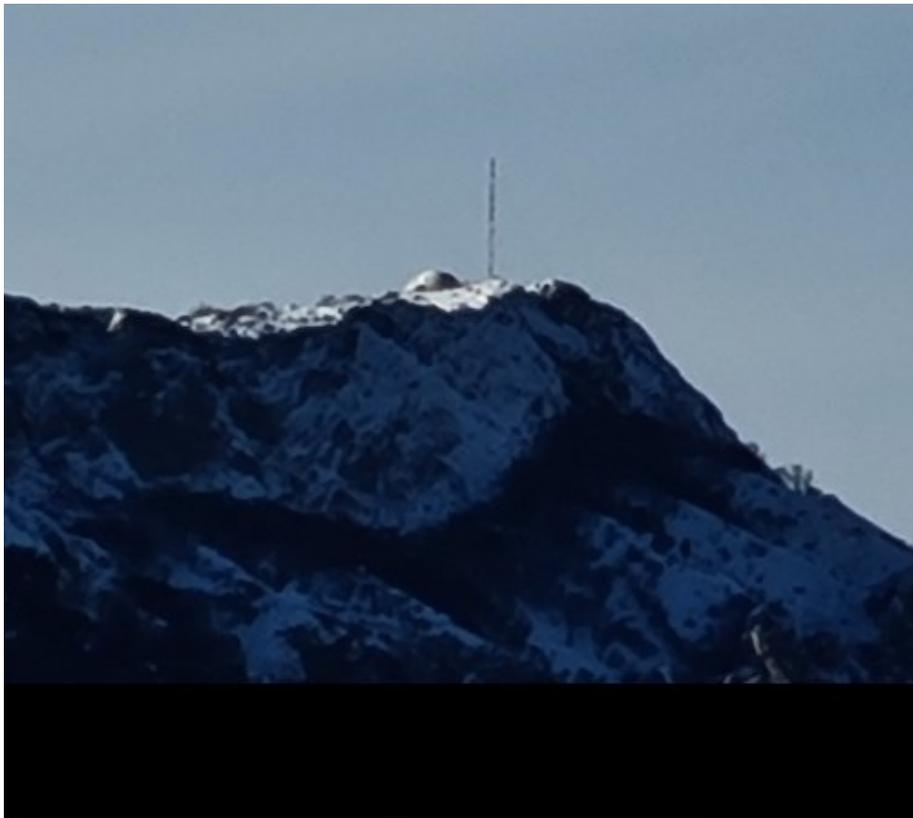


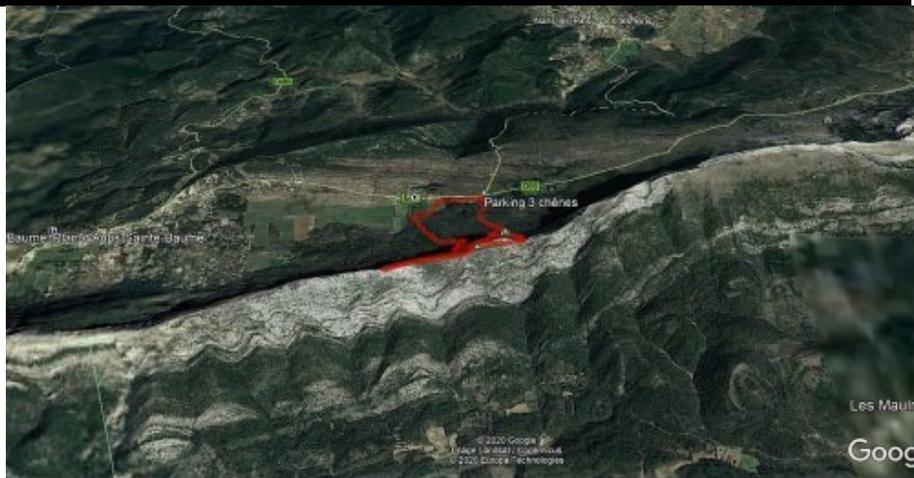
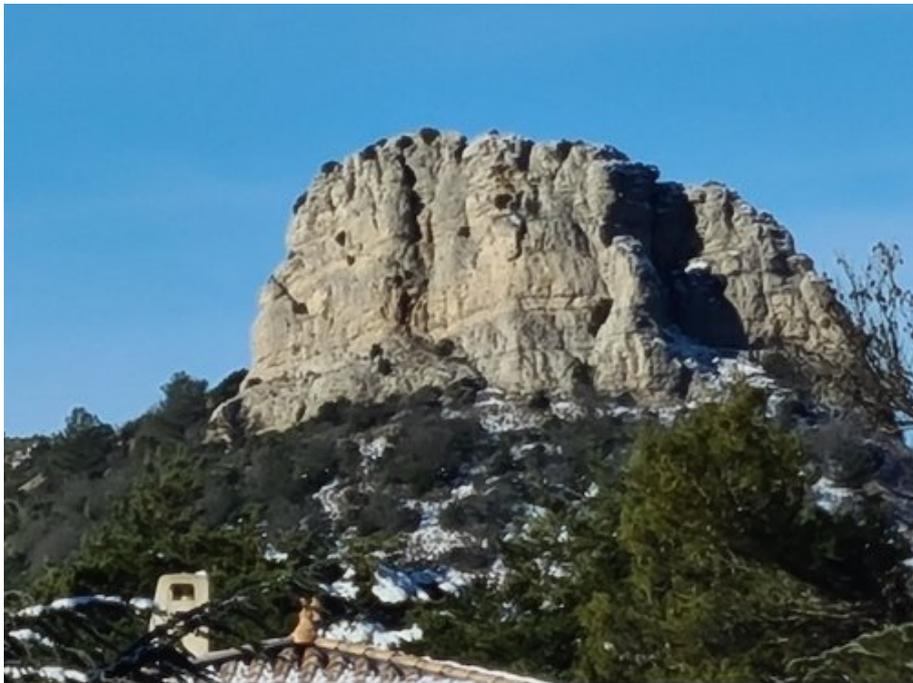


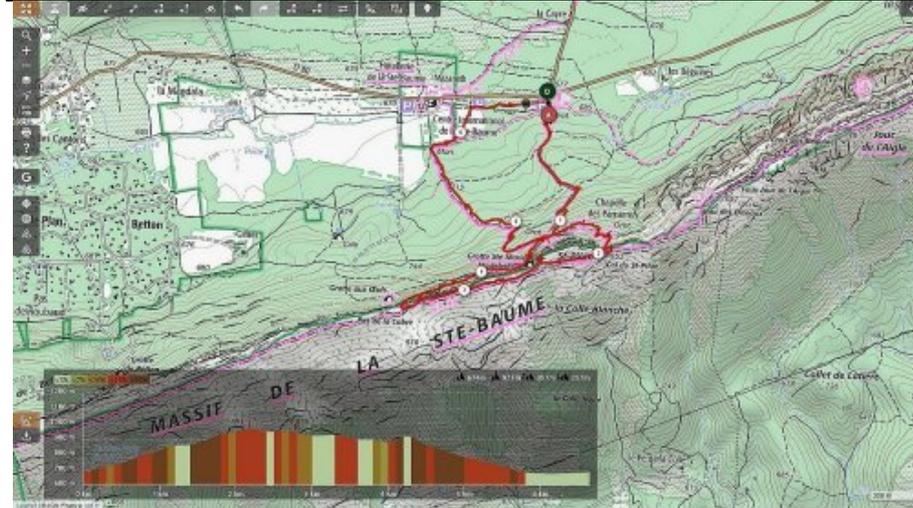
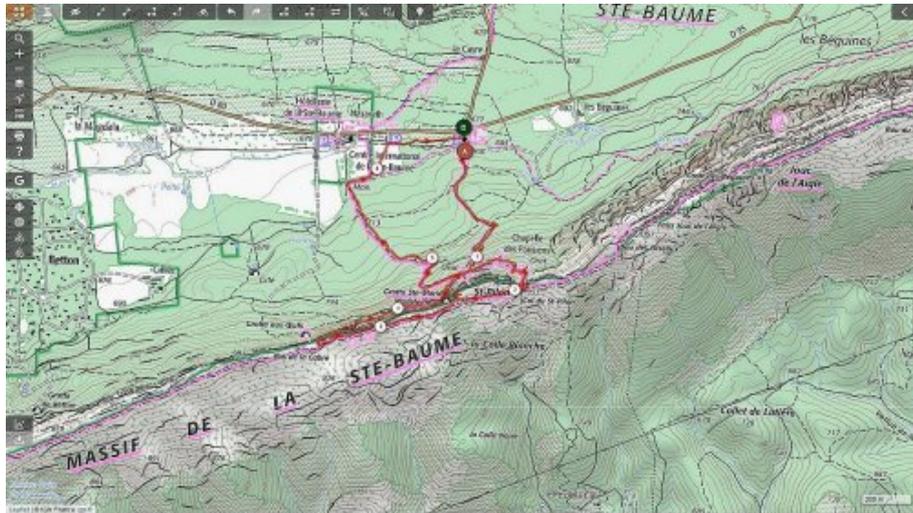






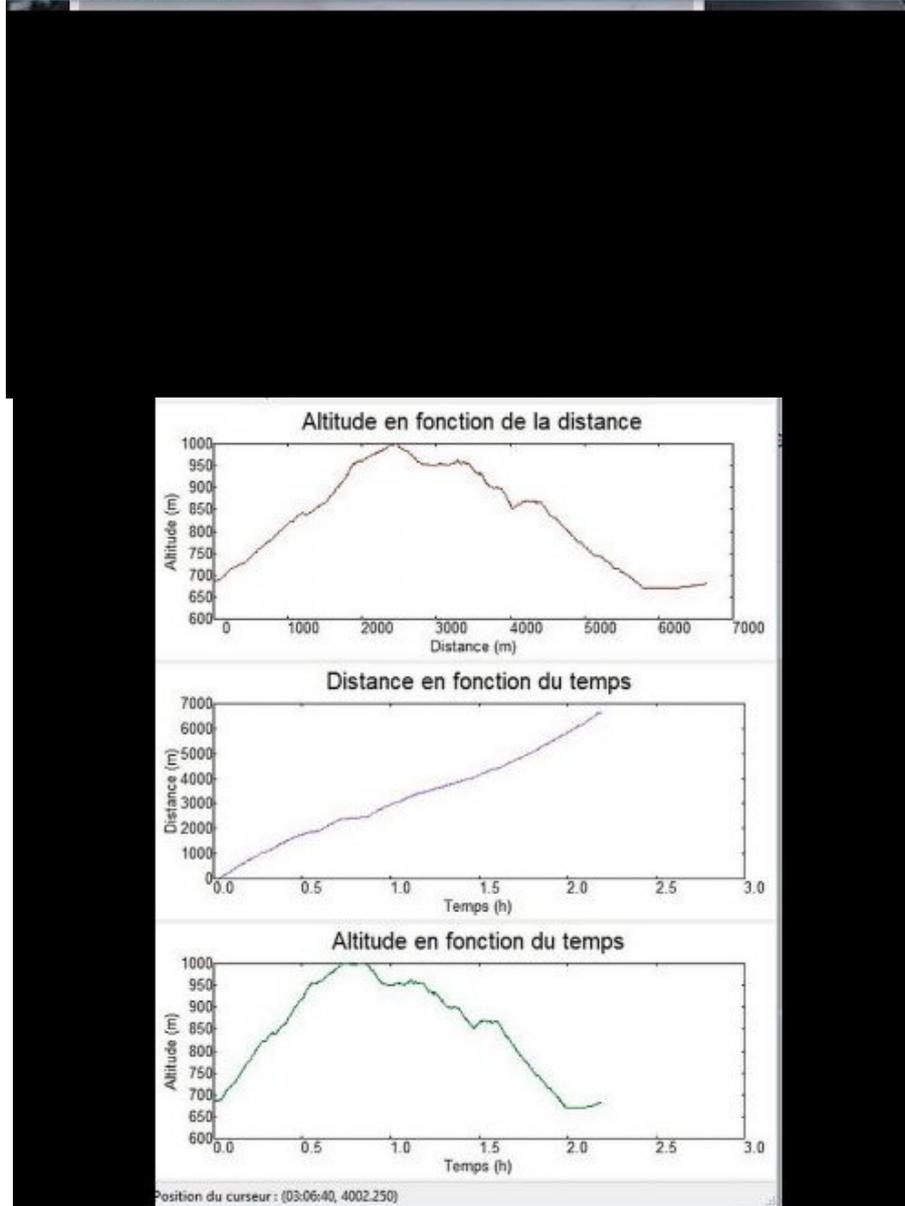






Départ		Arrivée			
Date	07/01/21	07/01/21	Distance (m)	6651.188	
Heure	07:22:03	09:33:46	Durée	02:11:43	
Altitude (m)	687	680	Vitesse moy (km/h)	3.030	
Altitude min (m)	670	Dénivelé + (m)	432		
Altitude max (m)	999	Dénivelé - (m)	438		
Altitude moy (m)	828				

Ouverture du fichier réussie.



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